



Public Health
Prevent. Promote. Protect.
Ontario County

Ontario County Resource Guide 2023



Ontario County Public Health

Healthy People in Healthy Communities

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Linking People to Services in Ontario County



In This Guide

- Telephone Directory
- Housing and Shelter Assistance
- Domestic Violence Assistance
- Food Pantries
- Health Navigators
- Infant Supplies
- Child and Family Outreach
- Community Agency Referral Forms

For further assistance and updates, please call
Ontario County Public Health
1-800-299-2995

The Ontario County Resource Guide is intended to connect the community, medical providers, and service agencies with the resources available to residents of Ontario County. This list is updated yearly and is inclusive to the best of our knowledge. You will find health information on many of the pages within this resource guide. The information provided is general health information. Any specific health question should be directed to your physician.

If you would like your service agency listed in this resource guide, please contact Kassandra Doyle at kassandra.doyle@ontariocountyny.gov

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HOT LINES AND IMPORTANT NUMBERS



Adult Protective Services	585-396-4111
AIDS/HIV Hotline	1-800-541-AIDS (English) 1-800-233-7432 (Spanish)
Birthright	1-800-550-4900
Care Net (Pregnancy Center of Canandaigua)	585-393-0437
Catholic Charities of the Finger Lakes	
Canandaigua	585-394-0190
Geneva	315-789-2235
Newark	315-331-4867
Child Abuse Hotline: Public	1-800-342-3720
Child Abuse Hotline: Mandated Reporter	1-800-635-1522
Child Abuse – National Hotline – Child Help	1-800-422-4453
Child Advocacy Center of the Finger Lakes	585-394-2573
Child & Family Resources (Parenting Support)	1-800-881-5786
Clifton Springs Hospital/ Rochester Regional Health	315-462-9561
COVID-19 New York State Department of Health	
COVID-19 Information Hotline	1-888-364-3065
COVID-19 Emotional Support: Project Hope Hotline	1-844-863-9314
Department of Social Services & HEAP	585-396-4111
Domestic Violence (English)	Call 1-800-942-6906 Text 844-997-2121
Domestic Violence (Spanish)	1-800-942-6906
Early Intervention (Ontario County Public Health)	1-800-299-2995
Emergency	911
Emergency Assistance (Catholic Charities of the Finger Lakes)	585-394-0190
Environmental Health-NYSDOH, Geneva District Office	315-789-3030

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Family Planning Services	
Finger Lakes Community Health	315-781-8448
Planned Parenthood (Canandaigua)	1-866-600-6886
Family Planning Center	315-789-2410
F.F. Thompson Hospital/ UR Thompson Health	585-396-6000
Finger Lakes Community Health (FQHC)	315-781-8448
Finger Lakes Health (Geneva General Hospital)	315-787-4000
Finger Lakes Regional Poison Center	1-800-222-1222
Finger Lakes WIC (SPCC WIC)	585-394-9240
FLACRA (Finger Lakes Addiction Counseling Referral Agency)	1-833-435-2272
Farmington (Formerly Turnings Substance Abuse)	585-396-4190
Clifton Springs – Addictions Crisis Center	315-462-7070
Clifton Springs – Outpatient	585-922-9900
Geneva – Outpatient	315-781-0771
Geneva Housing Authority	315-789-8010
Geneva General Hospital (Finger Lakes Health)	315-787-4000
Growing Up Healthy (Referral Service)	1-800-522-5006
Health Navigator (NYS Health Insurance Exchange)	1-855-355-5777
Finger Lakes Community Health	1-800-346-2211
Geneva Community Health	315-521-0234
Mosaic Health Rushville	585-554-4400
Community Health Care Association of NYS Appointment Helpline	1-800-346-2211
High Risk OB/GYN at Strong Memorial Hospital	585-487-3350
Healthy Families Ontario/Child & Family Resources	1-800-881-5786 or 585-919-2476, ext. 2507
Humane Society/Happy Tails	585-396-4590
Immunizations for travel – Upstate Passport Health/Roch Travel	1-855-729-2479
Immunizations – Ontario County Public Health	1-800-299-2995

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Jordan Health Center (Canandaigua, FQHC)	585-396-0222
Lead Testing for Children - Ontario County	1-800-299-2995
LAWNY (formerly Legal Assistance of Western NY, Inc.)	315-781-1465
9-8-8 LIFELINE (24/7 crisis/suicide intervention program)	Dial 988 or 1-877-356-9211
Mental Health (See Yellow Pages for individual Providers)	
Boike Mental Health	585-394-1442
Canandaigua VA Medical Center	585-394-2000
Clifton Springs Hospital and Clinic (Mental Health)	585-922-9900
Family Counseling Service of the Finger Lakes	315-789-2613
Lakeview Health Services	315-789-0550
Ontario County Mental Health	585-396-4363
OnTrackNY Rochester (Ages 16-30)	585-360-4129 585-241-1364
Narcan	1-800-299-2995
NYS Department of Environmental Conservation	585-226-2466
NYS Department of Health Environmental (Geneva District)	315-789-3030
NYS Department of Health	1-866-881-2809
NYS Smokers/Vapers Quitline	Call 1-866-697-8487 Text 716-309-4688
Paternity and DNA Questions	1-888-404-4363
Planned Parenthood (Canandaigua)	1-866-600-6886
Poison Control	1-800-222-1222
Prescription Assistance - NeedyMeds.org	1-800-503-6897
Rabies Prevention (Ontario County Public Health)	1-800-299-2995
Rape, Abuse, & Incest National Network (RAINN)	1-800-656-4673
Mosaic Health Rushville (FQHC)	585-554-4400
Safe Harbors (Rape and Abuse Crisis Services)	1-800-247-7273

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Salvation Army	585-394-6968
Social Security Office (Geneva)	1-866-331-7759
Special Care OB/GYN (Specializes in drug & alcohol pregnancies)	585-487-3350
Strong Memorial Hospital URMC	585-275-2100
Suicide Prevention (9-8-8/LIFELINE)	Dial 988 or 1-800-273-8255
Supervised Visitation Services (Catholic Charities of the FL)	585-394-0190
Trillium Health	585-545-7200
Veteran Hotline (for veterans and their loved ones)	Call 1-800-273-8255 Text 838255
Victim Assistance Program (Ontario County District Attorney)	585-396-4010
Victim Resource Center of the Finger Lakes, Inc.	1-800-456-1172
Visiting Nurse Care (UR Homecare)	1-800-253-4439

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ABUSE

Abuse- related Mental Health Counseling Services - See Mental Health

Alcoholism - See Addiction Recovery Programs

Child Advocacy Center of the Finger Lakes

482 North Main Street
Canandaigua, NY 14424

585-394-2573

<https://www.cacfingerlakes.org/>

The Child Advocacy Center of the Finger Lakes is a child-friendly location where allegations of physical or sexual abuse are responded to by a multidisciplinary team of professionals. From the time of the report through the end of the case, the multidisciplinary team will work together to conduct a thorough investigation and provide necessary support services to children and their non-offending caregivers. This model aims to reduce the trauma experienced by child victims.

Child Abuse/Incest

- ***If the child is in immediate danger call 911***

Childhelp® USA National Hotline

1-800-422-4453

<https://www.childhelp.org/>

- **Childhelp** exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on advocacy, prevention, treatment, and community outreach.

Child Abuse Hotline: New York State

1-800-342-3720

This is a hotline to report child abuse as a non-mandated reporter meaning a concerned civilian. Abuse may be in the form of physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. If the child is in immediate danger, call 911.

Child Abuse Hotline: Mandated Reporter

1-800-635-1522

Department of Social Services, Ontario County

Child Protective Services
3010 County Complex Drive
Canandaigua, NY 14424

585-396-4111

<https://ocfs.ny.gov/main/>

Domestic Violence

Safe Harbors of the Finger Lakes, Inc.

If you are in immediate danger, call 911.

1-800-247-7273

<https://shflny.org/>

Family Counseling Services of the Finger Lakes

Domestic Violence/Abuse

315-789-2613

1-800-695-0390

Survivor Advocacy Center of the Finger Lakes, Inc.

1-800-456-1172

<https://www.vrcfl.org/contact/>

LAWNY (Formerly Legal Assistance of the Finger Lakes)

361 South Main Street
Geneva, NY 14456

315-781-1465

<http://www.lawny.org/>

Rape

911

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ABUSE

Safe Harbors of the Finger Lakes

- Geneva
- Canandaigua

315-781-1093

585-577-3257

<http://www.shflny.org/>

Rape, Abuse, Incest National Hotline

1-800-656-HOPE

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones.

<https://www.rainn.org/>

New York State Domestic and Sexual Violence Hotline

1-800-942-6906

(Text) 844-997-2121

Deaf or Hard of Hearing: 711

<https://opdv.ny.gov/survivors-victims>

ADDICTION (DRUGS AND ALCOHOL)

National Council on Alcoholism & Drug Dependence (NCADD)

217 Broadway, Suite 712
New York, NY 10007

1-800-622-4357

<https://ncadd.us/>

<https://www.samhsa.gov/find-help/national-helpline>

Stop addiction before it starts!

The prescription drugs most commonly misused:

- Opioid Painkillers (Codeine, Fentanyl, Hydrocodone, Oxycontin, Percocet, Norco, Morphine)
- Anti-Anxiety Medicines and Sedatives (Xanax, Valium, Ambien)
- Stimulants (Ritalin, Concerta, Adderall, and Dexedrine)

Drug And Alcohol Addiction Information

<https://recovered.org/>

Binge Drinking: When men consume 5 or more drinks, & when women consume 4 or more drinks, in about 2 hours

<http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>

High Risk Obstetrics at Strong Memorial Hospital

585-487-3350

Alcoholics Anonymous of the Finger Lakes

(24-hour Phone) 315-789-5955

Finger Lakes Area Intergroup

PO Box 204
Clifton Springs New York 14432

(Finger Lakes) 315-789-5955

(Rochester) 585-232-6720

Rochester Area Intergroup

1000 Elmwood Avenue (Greenhouse)
Rochester, New York 14620

<https://fingerlakesaa.org/>

<https://www.rochesteraa.org/>

<https://www.aa.org/>

Al-Anon/Alateen Hotline (General Information)

585-288-0540

<http://www.aisrochester.org/>

Clifton Springs Hospital Inpatient Clinic/ Rochester Regional

2 Coulter Road
Clifton Springs, NY 14432

315-462-9561

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Clifton Springs Hospital Outpatient Behavior Health 585-922-9900
2 Coulter Road
Clifton Springs, NY 14432

Council on Alcoholism and Addictions of the Finger Lakes 315-789-0310
620 West Washington Street
Geneva, NY 14456 <https://councilonalcoholismfingerlakes.org/>

FLACRA (Farmington) (Outpatient) 585-396-4190
1386 Hathaway Drive Suite A
Farmington, NY 14425 <https://www.flacra.org/>

FLACRA (Clifton Springs) 315-462-9161
28 East Main Street
Clifton Springs, NY 14432 <http://www.flacra.org/>

FLACRA (Geneva) 315-781-0771
246 Castle Street
Geneva, NY 14456 <https://www.flacra.org/>

Mothers Against Drunk Driving (MADD) 1-877-623-3435
MADD's mission to stop drunk driving, support the victims of this violent crime and prevent underage drinking. <http://www.madd.org/>

Help for Parents (Drug and Alcohol): <https://ncadd-ra.org/>
Narcotics Anonymous <http://na.org/>

Ontario County Youth Bureau 585-396-4035
3010 County Complex Drive
Canandaigua, NY 14424 <https://ontario-county.wixsite.com/youth-bureau>

ADDICTION (SMOKING/VAPING)

If you have a health insurance, give them a call your insurer to ask for help to quit smoking or vaping. Many insurance companies have medications and support programs to help you quit.

NYS Smoker's/ Vaper Quit Line
(1-866-NYQUITS) will help you quit smoking. 1-866-NYQUITS (1-866-697-8487)
Medication patches may be available. Call Monday- (Text) 716-309-4688
Thursday (9 am-9 pm) & Friday-Sunday (9 am-5 pm). <http://www.nysmokefree.com/>

American Cancer Society 1-800-227-2345
<http://www.cancer.org/>

American Lung Association 1-800-586-4872
<https://www.lung.org/>

Free nicotine replacement: <https://www.nysmokefree.com/register/>

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ADDICTION (SMOKING/VAPING)

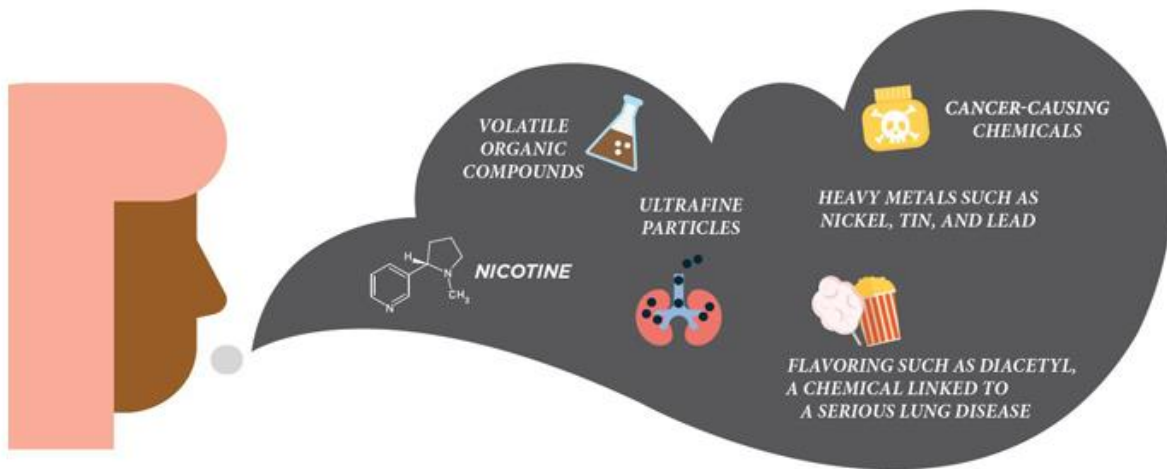
Ontario County Public Health
3019 County Complex Drive
Canandaigua, NY 14424

585-396-4343

Time Since Last Cigarette	Health Benefit
20 minutes	Pulse rate drops; BP decreases; temperature of hands & feet return to normal.
12 Hours	Carbon monoxide level in bloodstream drops to a normal level
2 weeks to 3 months	Circulation improves; lung function increases
1 to 9 months	Coughing, sinus congestion, fatigue, and shortness of breath decrease
1 year	Added risk of coronary heart disease is half of a smoker's

Vaping Resources

- CDC: <https://tinyurl.com/2eh58a6e>
- The use of e-cigarettes is unsafe for kids, teens, and young adults.



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AIDS/HIV

HIV is the virus that causes AIDS. It is transmitted through the blood, semen, or vaginal secretions of infected persons. It is not transmitted through casual contact. Because you can't tell if someone is HIV positive by looking at them, it is important to use latex condoms when you have sex and avoid sharing IV drug needles/kits. If you do not know your HIV status, get tested. Treatment is available & works well at preventing progression to AIDS.

AIDS/HIV Counseling and Testing Hotline

English 1-800-541-2437
Spanish 1-800-233-9432
<http://www.nyaidline.org/>

NYS Department of Health HIV/ STD Testing & Referral

335 East Main Street
Rochester, NY 14604

585-423-8081

The NYS Department of Health offers free and anonymous HIV counseling and testing at various locations in the Finger Lakes area. Bilingual Staff (Spanish) interpreters are available.

New York State AIDS/HIV/STI/HCV Hotline

1-800-541-2437

AIDS Network of Western New York

266 Elmwood Avenue
Buffalo, NY 14222

716-882-7840
<https://endhivwny.com/>

Finger Lakes Community Health

601-B West Washington Street
Geneva, NY 14456

315-781-8448
Finger Lakes Community Health Website

HIV And STD Testing Information

Ontario County Public Health

3019 County Complex Drive
Canandaigua, NY 14424

1-800-299-2995
<https://ontariocountyny.gov/800/Sexually-Transmitted-Diseases>

Planned Parenthood (PREP also available)

15 Lafayette Ave
Canandaigua, NY 14424

1-866-600-8668
<http://www.plannedparenthood.org/>

Trillium Health (Formerly AIDS Care)

585-545-7200
24/7 Access to PEP 800.923.9394
<https://www.trilliumhealth.org/>

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ANGER MANAGEMENT

Anger management is learning to recognize early signs of anger & to act without lashing out. Some signs of difficulty dealing with anger are:

- Often feel you have to hold in your anger
- Frequent arguments with your partner, children, or co-workers
- Legal troubles
- Physical violence, such as hitting your partner or children or starting fights
- Threats of violence against people or property
- Out-of-control behavior, such as breaking things or driving recklessly

G.A.T.E- Gaining Awareness through Education

365 South Main Street
Geneva, NY 14456

315-789-1709

<https://www.co.seneca.ny.us/gov/services/external-agencies/name/g-a-t-e-anger-management-program/>

ANIMAL WELFARE/CONTROL

Happy Tails

Ontario County Humane Society Inc.
2976 County Road 48
Canandaigua, NY 14424
Ask about spay and neuter program.

585-396-4590

fax: 585-396-4805

<http://www.ontariocountyhumanesociety.org/>

Lollypop Farm

99 Victor Road
Fairport, NY 14450

585-223-1330

<https://www.lollypop.org/>

Ontario County Rabies Clinic: Schedule

Contact Ontario County Public Health for current Rabies Clinic Schedule or visit our website

1-800-299-2995

<https://ontariocountyny.gov/765/Rabies>

Ontario County Public Health - Rabies Coordinator

3019 County Complex Drive
Canandaigua, NY 14424
Rabies questions after hours

585-396-4343

1-800-299-2995

Fax: 585-396-4551

Call 911 or 585-394-4560

Rabies Information

New York State Sanitary Code

<http://www.cdc.gov/rabies/>

BATS: If you wake up to a bat or a bat is found in the room of a child or incapacitated adult, the bat must be tested for rabies. Catch it & notify the health department. Bats have tiny teeth. People have gotten rabies from bats when they did not know they were bitten. If you have bats in your home, find out how they are getting in have the problem corrected.

HOW TO CATCH A BAT

<https://youtu.be/puP8qbATPKg>

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BEREAVEMENT

Everyone is unique and grieves in their own way. Understanding stages of grief can be helpful after experiencing a loss. Talking to a mental health counselor while you are grieving can also help.

Seven Stages of Grief by Elizabeth Kubler-Ross:

- **Shock:** unable to react to the loss.
- **Denial:** Mind refuses to accept the reality of the loss.
- **Anger:** Not everyone experiences anger, but it is normal if you do.
- **Bargaining:** Trying to "reason" your way out of the pain of the loss.
- **Depression:** This too is normal, and it is very easy to be stuck in this stage for a long time.
- **Testing:** Starting to find ways to move through the grief process.
- **Acceptance:** Accepting the reality of the loss and moving forward.

Death by Suicide Support Resources

Ontario County Public Health has free resource kits for community members that are grieving a death by suicide. Call 1-585-396-4343

Suicide Survivor Resources

American Foundation for Suicide Prevention
National Suicide Prevention Lifeline
American Association of Suicidology

<https://tinyurl.com/mryr4j67>
<https://tinyurl.com/3yur4v24>
<https://tinyurl.com/59ct2k62>

Thompson Health Bereavement Support Group

585-396-6780

Resolve Through Sharing Parent Support Group (Infant Loss)

585-396-6260

Ontario County Mental Health

3019 County Complex Drive
Canandaigua, NY 14424

585-393-4363
<https://ontariocountyny.gov/99/Mental-Health>

(See Mental Health Counseling)

BIRTH CONTROL

Planning pregnancies is beneficial for everyone, providing social, health and financial benefits for all members of the family. When unexpected pregnancies are avoided, mothers have more time to recover from pregnancy and childbirth, babies are breastfed longer, and parents have more time for their children and each other. There are numerous, effective birth control methods available in New York. Talk to your healthcare provider about one that is right for you.

New York State Family Planning Benefit

1-800-541-2831
fpbp@health.state.ny.us
<http://tinyurl.com/734m42x>

Free, confidential coverage for family planning services to men, women, and teens with a financial need. Sign up the day of your visit at Finger Lakes Community Health or Planned Parenthood.

Other services include:

- Annual exams and Pap smears
- Pregnancy tests
- Infection checks and treatment
- Most forms of birth control
- Testing for anemia, high blood pressure, and breast disease

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BIRTH CONTROL

Finger Lakes Community Health (FQHC) 315-781-8448
Family Planning <https://www.localcommunityhealth.com/geneva-community-health-v2/>
601-B West Washington Street
Geneva, NY 14456

Planned Parenthood 1-866-600-6886
15 Lafayette Avenue <https://www.plannedparenthood.org/>
Canandaigua, NY 14424

Emergency Contraceptive (By Mail) 202-682-2640
National Woman's Health Network <https://www.plancpills.org/states/new-york>

Mosaic Health Rushville (FQHC) 585-554-4400
2 Rubin Drive <https://mosaichealth.org/rushville>
Rushville, NY 14544

Safe Sex Supplies (By Mail) www.tinyurl.com/safekits
Provided by Finger Lakes Community Health

BREASTFEEDING ASSISTANCE

General Information about Breastfeeding <http://womenshealth.gov/breastfeeding/>
Spanish: <https://espanol.womenshealth.gov/>

Breastfeeding Protects Babies

1. Early breast milk (colostrum) is “liquid gold”. It is rich in nutrients and antibodies to protect your baby.
2. Breast milk changes as your baby grows. Colostrum changes to mature milk by the third to fifth day after birth. Mature breast milk has the right amount of fat, sugar, water, and protein to help your baby grow.
3. Breast milk is easier to digest than formula, especially for premature babies. The proteins in formula come from cow's milk and some babies have trouble digesting them. Pre-term, formula-fed babies have a higher risk of necrotizing enterocolitis, a serious disease that affects babies' intestines.
4. Breast milk fights disease. Cells, hormones, and antibodies in breast milk protect babies from illness. Breastfed babies have fewer ear infections, diarrheal illnesses & respiratory infections than formula-fed babies. Some research suggests breastfeeding reduces the risk of childhood diabetes, leukemia & atopic dermatitis (skin rash). Asthma, obesity & type 2 diabetes are less common in those who were breastfed.
5. Breastfeeding decreases the likelihood a baby will die of SIDS (sudden infant death syndrome).

Breastfeeding Benefits Mothers

1. It may take a little more effort than formula feeding at first, but it makes life easier in time. There are no bottles & nipples to sterilize and no measuring and mixing of formula. Breastmilk is pre-warmed and convenient for middle-of-the-night feedings.
2. It saves money. Formula and feeding supplies can cost over \$1,500 during a baby's first year. Because breastfed babies are sick less often, parents miss less work and health care costs are lower.
3. It provides opportunities for physical contact. This makes babies feel secure, warm, and comforted and requires moms to take time to relax and bond with their little ones. The skin-to-skin contact boosts mom's milk hormone levels and offers a calming effect.
4. It is linked to lower risks of type 2 diabetes, breast cancer, ovarian cancer, and postpartum depression.

UR/FF Thompson Hospital Birth Center 585-396-6497
350 Parrish Street www.thompsonhealth.com/Health-Services/Birthing-Center
Canandaigua, NY 14424

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BREASTFEEDING ASSISTANCE

Le Leche League (Maureen Weidman, IBCLC, RLC) 315-548-7980
Mother to Mother Breastfeeding Support Groups <http://www.llli.org/>
PO Box 54
Clifton Springs, NY 14432

Ontario County Public Health 1-800-299-2995
3019 County Complex Drive 585-396-4343
Canandaigua, NY 14424 <http://www.co.ontario.ny.us/index.aspx?nid=101>

Maternal Child home visits available upon request, at no charge. Visits are tailored to the needs of the client & family. Nurses provide education on pregnancy, labor & delivery, newborn care, breastfeeding, safety, parenting, immunization, lead poisoning prevention and nutrition. Healthcare providers - see appendix for referral form. Community members call Ontario County Public Health to speak with a nurse.

Worksite Lactation Policy 585-396-4343
Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

CDC Toolkit -Worksite Lactation Policy (English) <https://www.cdc.gov/breastfeeding/index.htm>
(Spanish) <https://tinyurl.com/2p9axbx6>

SPCC WIC: 585-394-9240 x305
Breastfeeding Peer Counselor & Breast Pump Programs <http://www.health.ny.gov/prevention/nutrition/wic/>

Baby Café
Canandaigua Baby Café 585-919-2476
514 South Main Street
Canandaigua, NY 14424

Geneva Baby Café 315-759-6060
160 Carter Street
Geneva, NY 14456

Ontario County Public Health: Clinical Lactation Counselor 585-396-4343

CANCER SERVICES

Insider tip: Every hospital has social workers or care managers to help you navigate the healthcare system and anticipate what services you will need after you go home. Care managers know what nursing services are available in your area. Do not hesitate to contact a hospital social worker on behalf of your hospitalized loved one. All hospitals must help patients make plans for discharge.

American Cancer Society 1-800-227-2345
<http://www.cancer.org/>

American Cancer Society Finger Lakes Region Office 585-288-1950
1120 South Goodman Street
Rochester, NY 14620

2023 Ontario County Resource Guide

CANCER SERVICES

Cancer Services Program of the Finger Lakes Region (CSP-FLR)

1-877-803-8070
Email: csp@urmc.rochester.edu
CSP-FLR Website

The Cancer Services Program of the Finger Lakes Region can help uninsured eligible men and women living in Monroe, Livingston, Ontario, Wayne, Seneca, and Yates Counties get the cancer screenings they need.

Hope Lodge (American Cancer Society Housing)

1120 South Goodman Street
Rochester, NY 14620

585-224-4900
Hope Lodge Information Website

Elizabeth Wende Breast Clinic (Mammography) Main Office - Brighton

170 Sawgrass Drive
Rochester, NY 14620

585-442-2190
<http://www.ewbc.com/>

Elizabeth Wende Breast Clinic (Mammography) Victor Office

7375 State Route 96, Suite 100
Victor, NY 14564

585-442-2190
<https://www.ewbc.com/>

Finger Lakes Breast Care RGH (Mammography)

2 Coulter Road
Clifton Springs, NY 14432

315-462-1750
<https://tinyurl.com/322rzs9>

Finger Lakes Health (Mammography) Geneva General Hospital Scheduling Services

200 North Street, Suite 303
Geneva, NY 14456

315-787-4400
<https://www.flhealth.org/services/mammography>

Soldiers & Sailors Hospital (Mammography)

418 North Main Street
Penn Yan, NY 14527

315-531-2544
Soldiers and Sailors Radiology Mammography Website

Golisano Children's Hospital (Radiation/Oncology)

585-275-7520
<https://www.urmc.rochester.edu/childrens-hospital.aspx>

Finger Lakes Community Health (Screenings)

601-B Washington Street Suite B
Geneva, NY 14456
Spanish interpreters available

315-781-8448
<http://localcommunityhealth.com/>

Jordan Health of CCIA (Screenings)

120 North Main Street, Suite 11
Canandaigua, NY 14424

585-396-0222
Fax: 585-396-0639
<http://www.jordanhealth.org/>

Medicaid Cancer Treatment Program (MCTP) Insurance Coverage

1-866-442-2262
Medicaid Cancer Treatment Program Website

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CANCER SERVICES

The Medicaid Cancer Treatment Program (MCTP) is a Medicaid program for eligible persons who are found to need treatment for breast, cervical, colorectal, or prostate cancer (and in some cases, pre-cancerous conditions of these organs). To be enrolled in the MCTP, an individual must complete an application with a New York State Department of Health Cancer Services Program (CSP) trained designee, referred to as a Designated Qualified Entity (DQE). A DQE is a person designated and trained by the New York State Department of Health as a "Qualified" entity, for the purpose of assisting individuals to complete the MCTP application."

Planned Parenthood

Routine Cancer Screening
15 Lafayette Avenue
Canandaigua, NY 14424

1-866-660-6886
<https://www.plannedparenthood.org/learn/cancer>

Prescription Assistance, Cancer Medications

E.P.I.C. (Elderly Pharmaceutical Insurance Coverage Program)

E.P.I.C Application

1-800-332-3742
https://www.health.ny.gov/health_care/epic/
<https://www.health.ny.gov/forms/doh-5080.pdf>

Mosaic Health Rushville

Routine Cancer Screening
2 Rubin Drive Rushville, NY 14544
Spanish interpreters available.

585-554-4400
<https://mosaichealth.org/rushville/>

Sands Cancer Center

395 West Street, Suite 101
Canandaigua, NY 14424

585-396-6180
<http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center>

Interlakes Oncology & Hematology

Strong Memorial Hospital
395 West Street
Canandaigua, NY 14424

Canandaigua: 585-393-7040
Geneva: 315-781-2250
<http://www.interlakesoncology.com/>

Thrive to Survive (Support group)

We provide emotional, financial & wellness programs for adults diagnosed and being treated for cancer.

315-374-0626
support@thrivetosurvive.org
<http://www.thrivotosurvive.org/>

Thompson Health

Please contact the group facilitator to confirm the meeting time and location

Breast Cancer Support Group
Care Givers Support Group

Thompson Health Support Groups Website

585-396-6111
585-396-6780

Wilmot Cancer Institute

Radiation & Oncology
601 Elmwood Avenue
Rochester, NY 14642

585-275-2171
<https://www.urmc.rochesterwilmot.edu/cancer-institute.aspx>

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CANCER SERVICES

Ronald McDonald House (Housing)

333 Westmoreland Drive
Rochester, NY 14620

585-442-5437
<http://www.rmhcrochester.org/>

CASH ASSISTANCE

Ontario County Department of Social Services

1-877-814-6907

CHILDREN'S SERVICES

ADOPTION

Become a Foster Parent in Ontario County

Families who complete the steps to become a certified foster family in Ontario County receive a dual certification: foster care and adoption.

396-4111

Birthright of Rochester

(Adoption Referral/Broker)
320 N. Washington St, Suite 116
Rochester, NY 14625

585-385-2100
1-800-550-4900
<http://birthright.org>

Catholic Charities of the Finger Lakes; Regional Office (Geneva)

94 Exchange Street
Geneva, New York 14456

315-789-2235
Fax: 315-789-5785
<http://www.catholiccharitiesfl.org/>

Catholic Charities of the Finger Lakes

120 North Main Street, Suite 40
Canandaigua, NY 14424

585-394-0190
<http://www.catholiccharitiesfl.org/>

Care Net Pregnancy Center (Adoption Referral)

120 North Main Street, Suite 8
Canandaigua, NY 14424

585-393-0437
help@carenetcan.org
<http://www.carenetcan.org/>

Child & Family Resources (Adoption Support)

671 South Exchange Street
Geneva, NY 14456

315-781-1491
<http://www.cfresources.org/>

New Hope Family Service

3519 James Street
Syracuse, NY 13206

315-437-8300
1-800-272-3171
<http://www.newhopefamilyservices.com/>

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BABY SUPPLIES

Child & Family Resources, Inc. Car Seat Program 671 South Exchange Street Geneva, NY 14456	315-781-1491 1-800-881-5786 http://www.cfresources.org/
Geneva Center of Concern 58 Avenue D Geneva, NY 14456	315-789-1117
Salvation Army 41 North Street Geneva, NY 14456	315-789-1055 http://tinyurl.com/gvar8qv
Second Season (Adults & Household Supplies also) 1 Coulter Road Clifton Springs, NY 14432	315-462-3293

BEHAVIORAL ASSISTANCE

Hillside Family of Agencies 1183 Monroe Avenue Rochester, NY 14620	585-256-7500 (Toll Free) 888-514-4455 info@hillside.com https://www.hillside.com/
Ontario County Youth Care Facility Hopewell 3093 County Complex Drive Canandaigua, NY 14424	585-394-0180
The Partnership of Ontario County 5297 Parkside Drive, Suite 307 Canandaigua, NY 14424	585-396-4554 http://partnershipforontariocounty.org/

CAMPS

Camp Bristol Hills 4-H Site 4437 Kear Road Canandaigua, NY 14424	585-394-7838 http://cceontario.org/4-h-camp-bristol-hills/
Camp Bristol Hills 4-H Office 480 North Main Street Canandaigua, NY 14424	585-394-3977 ext 435 Fax: 585-394-0377 ontario@cornell.edu
Hobart and William Smith Conferences & Events Harris House 678 South Main Street Geneva, NY 14456	315-781-3103 events@hws.edu https://www.hws.edu/offices/conferences/
Letourneau Christian Center, Inc. 4950 East Lake Road Rushville, NY 14544	585-554-3400 contact@letourneau.org http://www.letourneau.org/

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CAMPS

NYS Sheriff's Summer Camp 518-434-9091
9825 East Bluff Drive
Penn Yan, NY 14527

For boys and girls between the ages of 9 and 12 who, because of economic reasons would not have an opportunity to attend a summer camp or enjoy a summer vacation.

J. Warren Cutler Scout Reservation 585-374-5770
Boy Scouts of America 585-244-4210
7131 Gulick Road info@senecawaterways.org
Naples, NY 14512 <https://senecawaterways.org/>

CHILDCARE ASSISTANCE

Child & Family Resources 1-800-881-5786
Canandaigua: 585-919-2476
514 South Main Street
Canandaigua, NY 14424

Geneva: 315-781-1491
671 South Exchange Street <http://www.cfresources.org/>
Geneva, NY 14456

Call Child & Family Resources for a list of available certified daycare providers in your area.

Department of Social Services 585-396-4060
3010 County Complex Drive www.ocfs.state.ny.us
Canandaigua, NY 14424

Income eligible families may receive assistance paying for childcare. Have your household income information, picture identification and proof of residency ready and call for more information.

CHILDCARE CENTERS

Agri-Business Child Development (ABCD) 315-781-3267
5 Goodman Street Fax: 315-781-7240
Geneva, NY 14456 <https://www.abcdny.org/>

Doodle Bugs! Daycare 585-742-1200
7383 State Route 96 <http://www.doodlebugs.com/>
Victor, NY 14564

Finger Lakes Community College Child Care 585-394-6666
3325 Marvin Sands Drive childcare@flcc.edu
Canandaigua, NY 14424 <http://www.flcc.edu/offices/childcare/>

Care-a-lot Child Care of Farmington 585-398-3111
1780 Rochester Road Fax: 585-398-3139
Farmington, NY 14425 <https://carealot-childcare.com/farmington-child-care-location/>

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CHILDCARE CENTERS

Geneva Lakefront Child Care Center

61 Elizabeth Blackwell St
Geneva, NY 14456

315-781-0014
<https://www.glcc.care/>

Happiness House – Canandaigua Finger Lakes Cerebral Palsy, Inc.

(Disability Support)
5415 County Road 30
Canandaigua, NY 14424

585-394-1190
Fax: 585-394-5326
<http://www.happinesshouse.org/>

Happiness House – Geneva Finger Lakes Cerebral Palsy, Inc.

(Disability Support)
731 Pre-Emption Road
Geneva, NY 14456

315-789-6828
Fax: 315-789-7750
<https://www.happinesshouse.org/>

Head Start (Phelps Community Center)

8 Banta Street
Phelps, New York 14532

Head Start - 315-548-8122
sarah@phelpsc.org

Phelps Community Center

8 Banta Street
Phelps, New York 14532
Day Care (Age 6 weeks to 5), School Age Programs,
Dance, Drama, Athletics, Fitness Center

315-548-8481
info@phelpsc.org

Jack and Jill Childcare, Inc.

14 Framark Drive
Victor, NY 14564

585-924-9550
Fax: 585-924-3504
<http://www.jacknjillchildcare.com/>

Jim Dooley Center for Early Learning

196 North Street
Geneva, NY 14456

315-787-4190
<https://www.flhealth.org/locations/jim-dooley-center-for-early-learning>

Kinder Care Learning Center

615 Fishers Run
Victor, NY 14564

585-924-0290
<http://www.kindercare.com/our-centers/victor/ny/>

Montessori School - Canandaigua

5273 Parkside Drive, Suite 500
Canandaigua, NY 14424

585-393-0126
<https://canandaiguamontessori.com/>

Our Children's Place – Canandaigua

55 Wilcox Lane
Canandaigua, NY 14424

585-394-5310
<https://www.ccdpkids.net/canandaigua-childcare>

Our Children's Place - Clifton Springs

9 Village Drive
Clifton Springs, NY 14432

315-462-3174
Fax: 315-462-2959
<https://www.ccdpkids.net/clifton-springs-childcare>

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CHILDCARE CENTERS

TLC Adventures in Child Care Inc. 585-398-7001
7444 Victor-Mendon Road
Victor, NY 14564

Victor Child Care Center 585-924-5303
66 School St Fax: 585-924-1795
Victor, NY 14564 <https://www.victorchildcare.com/>

YMCA Child Care Centers

Canandaigua Family YMCA 585-394-6866
(Preschool, Before & After School) <http://www.canandaigua-ymca.org/>
32 North Main Street
Canandaigua, NY 14424

Clifton Springs YMCA 315-462-6184
(Preschool, Before & After School) 315-462-5437
5 & 10 Crane Street <http://www.csaymca.org/>
Clifton Springs, NY 14432

Geneva YMCA 315-789-1616
(Before & After School) Fax: 315-789-4259
399 West William Street <http://www.genevafamilyymca.org/>
Geneva NY 14456

CHILDHOOD EDUCATION - CHILDREN AND PARENTS

Happiness House - Canandaigua 585-394-1190
(Disability Support) <http://www.happinesshouse.org/>
5415 County Road 30
Canandaigua, NY 14424

Happiness House - Geneva 315-789-6828
(Disability Support) <http://www.happinesshouse.org/>
731 Pre-Emption Road
Geneva, NY 14456

Birth to Five Program: Happiness House combines evaluations, preschool education, therapy services, autism support and services coordination to help children in the Finger Lakes Region.

Evaluation Services: Comprehensive development evaluation services for children from birth to five years of age with known or suspected development disabilities or delay.

Literacy Volunteers (Adult) 585-396-1686
208 South Main Street info@lvoy.org
Canandaigua, NY 14424 <http://www.lvoy.org/>

Ontario County ARC 585-394-7500
3071 County Complex Drive <http://www.ontarioarc.org/>
Canandaigua, NY 14424

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CHILD AND FAMILY - CASE MANAGEMENT

Child and Family Resources, Inc.

671 South Exchange Street
Geneva, NY 14456

315-781-1491

<http://www.cfresources.org/>

See appendix for referral forms

Child & Family Resources provides affordable, accessible programs that enhance and support the education of parents. Its mission - to encourage the highest quality of care and positive learning experiences for all young children. Spanish-speaking staff is available. Child & Family Resources assists parents in developing their family strengths through parenting classes and home visiting programs. We offer classes on various topics. Any parent desiring to learn more about parenting skills is invited to attend.

Visitation with a trained supervisor is available at Child & Family Resources in a family friendly setting, on an as-needed basis. By appointment, Family Educators can accommodate family and attorney requests for visitation in one of our two locations. Age-appropriate activities are available and offer parents an opportunity to interact with their children in a positive manner. The center provides a sliding-fee for services for court-referred parents.

CHILD PASSENGER SAFETY PROGRAM

Ontario County Sheriff's Office

585-337-4605 or after hours (800) 394-4560

<https://dmv.ny.gov/more-info/safety-restraints>

Car Seat Inspections

<http://www.co.ontario.ny.us/204/Child-Passenger-Safety>

Technicians assist parents in the selection, installation, and adjustment of the appropriate child passenger safety seat for their child. Seats and supplies are funded through a grant from the New York State Governor's Traffic Safety Committee and the National Highway Traffic Safety Administration (NHTSA).

Car Seat Replacement

Several problems may lead to the replacement of the safety seat. If the child is too heavy or too tall for the seat, if the seat has been in a crash, or if the seat is expired (more six years old), the technician will replace the problem seat with a new one that is compatible with the child and the vehicle in which it will be used.

How Long to Use Safety Seats

NY State law requires a child to be in a child safety seat until they are 8 years old. However, children should remain in some type of child safety seat until they are 4-foot, 9-inches tall or they reach the upper weight limit of the seat. Standard seat belts are designed for someone 5-foot, 6-inches tall with a weight of 125 pounds.

Always consult the owner's manual for your specific seat and vehicle and follow the manufacturer's recommendations.

CHILD PROTECTIVE SERVICES (Also see Abuse)

Child abuse may include the following:

- Child abuse is **physical** - shaking, hitting, beating, burning, or biting a child.
- Child abuse is **emotional** - constantly blaming or putting down a child, excessive yelling, shaming.
- Child abuse is **sexual** - incest, any forced sexual activity, exposure to sexual stimulation not appropriate for the child's age.
- Child abuse is **neglect** - a pattern of failure to provide for the child's physical needs, such as food, clothing, shelter, and medical care; a pattern of failure to provide for the child's emotional needs, such as affection, attention, and supervision.

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CHILD PROTECTIVE SERVICES (Also see Abuse)

Department of Social Services, Ontario County
3010 County Complex Drive
Canandaigua, NY 14424

585-396-4111

To report child abuse, you must first phone the New York State Child Abuse Hotline (**1-800-342-3720**). If the child is in immediate danger, call **911**.

New York State Child Abuse/Child Protective Services Hotline

1-800-442-4453

<http://www.childhelp.org/>

Hotline to report child abuse as a non-mandated reporter. Abuse may be physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. A Child Abuse investigator will investigate the report within 24 hours. **If the child is in immediate danger, call 911.**

CHILD SUPPORT AND COLLECTIONS

Ontario County Child Support Office
3010 County Complex Drive
Canandaigua, NY 14424

Local: 585-396-4160

Statewide Helpline: 1-888-208-4485

CSEWEBOntario@dfa.state.ny.us

<https://www.childsupport.ny.gov/dcse/home.html>

Ontario County Social Services
3010 County Complex Drive
Canandaigua, NY 14424

1-877-814-6907

585-396-4060

CLOTHING

Salvation Army
41 North Street
Geneva, NY 14456

315-789-1055

<http://salvationarmyusa.org/>

Canandaigua Churches in Action (CCIA)
120 N Main Street
Canandaigua, NY 14424

585-396-2242

Fax 585-394-7831

<https://www.churchesinaction.org/schedule.html>

Caring Hearts Community Food Pantry
12 Hibbard Avenue
Clifton Springs NY 14432

315-521-1601

Naples Open Closet
Harwood Lane
Naples, NY

585- 531-0011

junespantrynaples@gmail.com

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DENTAL CARE

New York State Dental Association

20 Corporate Woods Blvd., Ste 602
Albany, NY 12211

518-465-0044
1-800-255-2100
Fax: 518-465-3219
<https://www.nysdental.org/>

Supply a Smile *See Appendix B for Flyer
Local organization serving uninsured residents
of Ontario County with free dental service

585-376-2242
supplyasmile@gmail.com

DENTISTS ACCEPTING MEDICAID *

* Dentists that accept Medicaid change. Be sure to call and the office!

Dr. Daniel Klein

1600 Mosley Rd., Suite 400
Victor, NY 14564

585-248-2900

Eastman Dental Clinic

625 Elmwood Ave
Rochester, NY 14620

585-275-5051

Geneva Community Health Center

601B Washington Street
Geneva, NY 14456

315-781-8448

Mosaic Health Rushville

2 Rubin Drive
Rushville, NY 14544

585-554-6824
585-554-4400
<https://mosaichealth.org/rushville>

Sia Hersini, DDS

324 West North Street. Suite 6
Geneva, NY 14456

315-789-9054

Naples Valley Dental

106 North Main Street
Naples, NY 14512

585-374-6323

Unity Dental Group

89 Genesee Street 2nd Floor
Rochester, NY 14611

585-368-3800

Unity Dental Satellite

2060 Fairport Nine Mile Road
Penfield, NY 14526

585-377-5810

Unity Dental Group

2655 Ridgeway Road, Suite 360, upstairs
Rochester, NY 14626

585-295-1890

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DIABETIC EDUCATORS

Clifton Spring Hospital/RGH	315-462-1530
Finger Lakes Health	315-787-4006
UR/Thompson Health	585-396-6233

EATING DISORDERS

National Eating Disorder Association Helpline (NEDA) (See Mental Health)	1-800-931-2237 http://www.nationaleatingdisorders.org/
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EDUCATION

Schools in Ontario County

Bloomfield Central School 45 Maple Avenue, Suite A Bloomfield, NY 14469	585-657-6121 http://www.bloomfieldcsd.org/
Calvary Chapel Academy 1777 State Route 332 Farmington, NY 14425	585-398-2218 http://calvarychapelacademy.org/
Canandaigua City Schools 143 North Pearl Street Canandaigua, NY 14424	585-396-3700 http://www.canandaiguaschools.org/
Geneva City Schools 400 West North Street Geneva, NY 14456	315-781-0400 http://www.genevacsd.org/
Honeoye Central School 8528 Main Street Honeoye, NY 14471	585-229-5171 http://www.honeoye.org/
Marcus Whitman 4100 Baldwin Road Rushville, NY 14544	585-554-4848 http://www.mwcsd.org/
Midlakes Central School 1490 Route 488 Clifton Springs, NY 14432	315-548-6420 http://www.midlakes.org/
Naples Central School 136 North Main Street Naples, NY 14512	585-374-7900 http://www.naplescsd.org/
Red Jacket Central School 1506 State Route 21 Shortsville, NY 14548	585- 289-2150 http://www.redjacket.org/
St. Mary's School 16 Gibson Street Canandaigua, NY 14424	585-394-4300 http://www.stmaryscanandaigua.org/

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EDUCATION

Victor Central School

953 High Street
Victor, NY 14564

585-924-3252
<http://www.victorschools.org/>

Higher Education in Ontario County

Finger Lakes Community College

3325 Marvin Sands Drive
Canandaigua, NY 14424

585-394-3522
<http://www.flcc.edu/>

Hobart and William Smith Colleges

399 Pulteney Street
Geneva, NY 14456

315-781-3000
<http://www.hws.edu/>

EMERGENCY SERVICES

American Red Cross

Greater Rochester Chapter

825 John Street Suite 209
West Henrietta, NY 14586

585-241-4400
<https://www.redcross.org/local/new-york/western-new-york/about-us/locations/greater-rochester-chapter.html>

*Disaster Assistance & Service to the military is available 24 hours a day.

Wellspring Church, Inc.

22 Teft Avenue, PO Box 602
Clifton Springs, NY 14432

315-548-6292 x30
<http://www.wellspringchurch.us/>

Red Cross disaster area

Geneva Center of Concern

58 Avenue D
Geneva, NY 14456

315-789-1117
<https://genevacenterofconcern.org/>

Is your Family Ready for an Emergency?

<http://www.ready.gov/>

Items to Include in a Basic Emergency Supply Kit

- Water: one gallon of water per person per day for at least three days
- Food: at least a three-day supply of non-perishable food. Can opener if using canned foods.
- Battery-powered or hand crank radio: and a NOAA Weather Radio with tone alert and extra batteries
- Flashlight: and extra batteries
- First aid kit
- Whistle: to signal for help
- Dust mask: to help filter contaminated air and plastic sheeting and duct tape
- Moist towelettes: garbage bags and plastic ties for personal sanitation
- Wrench or pliers: to turn off utilities
- Local maps
- Cell phone: with chargers, inverter, or solar charger

FAMILY MENTAL HEALTH COUNSELING (See Mental Health)

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FARMERS MARKETS

Be sure to call or visit their website for days/times

Cornell Cooperative Extension

480 North Main Street
Canandaigua, NY 14424

585-394-3977
<http://cceontario.org/agriculture/local-foods>

Bloomfield

Schlenker Farm Market

8424 Route 5&20
Bloomfield, NY 14469

585-764-0892
<https://tinyurl.com/wvm4a5bb>
<https://schlenkerfarmmarket.blogspot.com/>

White's Farm Market

2180 Route 64 North
Bloomfield, NY 14469

585-657-7656
<https://tinyurl.com/3scr3aez>

Canandaigua

Beacon Farm Market

3895 Route 5&20
Canandaigua, NY 14424

585-394-4693
April - October
<https://tinyurl.com/2zu4dhmh>

Canandaigua Farmers Market

167 Mill Street
Canandaigua, NY 14424

Saturdays 9:00 AM - 12:00 PM
Summer Market: June - October
Winter Market: Every Other Saturday November - May

Canandaigua VA Farmers Market

VA Medical Center
400 Fort Hill Avenue
Canandaigua, NY 14424

http://www.canandaigua.va.gov/features/Farmers_Market.asp
Tuesdays, June - October
1:30 PM - 5:00 PM

Snuffy's Farm Market

5900 Co Rd 32
Canandaigua, NY 14424

Open 7 Days/week in season

Farmington

Farmington Farmers' Market

Post Office Plaza, 1560 State Route 332,
Farmington, NY 14425

www.facebook.com/farmingtonfarmmarket/
Fridays, June - August
3:00 PM - 6:00 PM
farmingtonfarmmarket@gmail.com

Geneva

Geneva Farmer's Market

Finger Lakes Welcome Center
35 Lakefront Dr, Geneva, NY
14456

<https://www.visitfingerlakes.com/listing/geneva-farmers-market/288/>
<https://www.facebook.com/people/Geneva-Farmers-Market/>
Saturday, May - October
8:00 AM - 1:30 PM

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Red Jacket Orchards
957 Route 5&20
Geneva, NY 14456

315-787-0102
<https://redjacketorchards.com/>

Naples

Jerome's U-Pick Fruit Farm
8936 State Route 53
Naples, NY 14512

585-374-6112
1-800-UPICKIT
<https://www.jeromesupick.com/>
June - October

Joseph's Wayside Market
202 South Main Street
Naples, NY 14512

585-374-2380
<https://josephswaysidemarket.com>
April - November

Naples Natural Farmers Market
7976 State Route 21
Naples, NY 14512

<https://www.hanggistreefarm.com/naples-valley-farmers-market>
Fridays, June - September
4:00 PM - 7:00 PM
NaplesValleyFarmersMarket@gmail.com

Phelps

Phelps Farmers Market
Methodist Memorial Park
Phelps, NY 14532

<https://tinyurl.com/2s8dpa3s>
Thursdays, June to September
3pm to 7pm

Shortsville

Fish's Farm Market
4494 Mount Payne Road
Shortsville, NY 14548

585-289-4215
Daily, May - November
9:00 AM - 6:00 PM
www.fishfarmmarket.com

Serendipity Acres
4846 State Route 96
Shortsville, NY 14548

585-289-3720
May-Oct. 9:00-6:00 pm daily
<https://www.facebook.com/SerendipityAcresShortsvilleNY/>

Victor

The Orchard of Victor
1640 State Route 444
Victor, NY 14564

hauntedhillsofvictor@gmail.com
theorchardofvictor.com

Hardy's Farm Market
1968 State Route 444
Victor, NY 14564

585-857-6520
May - December

Victor Village Farmer's Market
Village Hall Parking Lot
60 East Main Street
Victor, NY 14564

585-924-3311
June - October
Wednesdays, 3:00 PM - 6:00 PM
<https://www.victorny.org/282/Village-Farmers-Market>

FATHERHOOD PROGRAMS

2023 Ontario County Resource Guide

Child and Family Resources, Inc.
671 South Exchange Street
Geneva, NY 14456

315-781-1491 x216
<http://www.cfresources.org/>

FOOD STAMPS (SNAP) - FOOD STAMP INCOME ELIGIBILITY

SNAP Eligibility:

<http://otda.ny.gov/programs/snap/#eligibility>

SNAP Application:

<http://otda.ny.gov/programs/apply/#snap>

If you are pregnant or have a child under the age of 5, SPAA may also be of help.

<http://www.health.ny.gov/publications/4081.pdf>

Ontario County Department of Social Services

Canandaigua

585-394-4060

Geneva

315-789-2841

NYS Food Stamp Hotline

1-800-342-3009

FOOD PANTRY AND FOOD ASSISTANCE

Some food pantries also provide diapers. Contact your local food pantry or SPCC program for more information.

Bloomfield Blessing Room Pantry

585-657-7200

15 Church Street

Bloomfield, NY, 14469

CCIA Food Pantry

585-396-2242

120 North Main Street, Suite 31

Canandaigua, NY 14424

<https://www.churchesinaction.org/schedule.html>

Canandaigua Gleaners Community Kitchen

585-394-4818

183 North Main Street

Canandaigua, NY, 14424

Canandaigua Pop Up Pantry

585-396-4554

Canandaigua Town Highway Dept.

5440 Route 5 & 20

Canandaigua, NY

11:00 AM – 1:00 PM

<https://www.churchesinaction.org/services.html>

Canandaigua Salvation Army –Food Pantry

585-394-6968

110 Saltonstall Street

Canandaigua, NY 14424

Clifton Springs Wellspring Church Inc

315-548-6292 x30

22 Teft Avenue

Clifton Springs, NY 14432

<http://www.wellspringchurch.us/>

<https://www.facebook.com/WellspringCommunityCare/>

Clifton Springs Caring Hearts Food Pantry

315-462-2961

12 Hibbard Ave

Clifton Springs, NY 14432

Clifton Springs United Methodist Church

315-521-2201

1 Main Street

Clifton Springs, NY, 14432

<http://www.csumc.com>

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FOOD PANTRY AND FOOD ASSISTANCE

Foodlink, Inc. 1999 Mount Reed Boulevard Rochester, NY 14615	585-328-3380 http://foodlinkny.org/
Finger Lakes SPCC Program (WIC) Locations in Geneva and Canandaigua Women Infant Children Program	585-394-9240 1-888-942-6886 https://www.spcc-roch.org/
SPCC Continuing Activities and Services: <ul style="list-style-type: none">• SPCC provides supplemental foods and nutrition education to children under five and eligible women (pregnant, postpartum, and breast-feeding).• The program provides food checks to buy selected, approved foods high in nutrients needed for growth, development, and general health.• Financial, residential, and nutritional eligibility requirements apply.• Bilingual Staff (Spanish)	
Geneva Boys & Girls Club of Geneva – Pop-up Pantry 160 Carter Road Geneva, NY 14456	315-759-6060 https://bgcgeneva.org/
Geneva Center of Concern 58 Avenue D Geneva, NY 14456	315-789-1117 https://genevacenterofconcern.org/
Geneva Community Lunch Program Geneva First United Methodist Church 340 Main Street Geneva, NY 14456	315-521-6684 315-789-2686 Monday-Friday 11:45-12:15 https://www.catholiccharitiesfl.org/services/lunch-program/
Geneva Salvation Army –Food Pantry 41 North Street Geneva, NY 14456	315-789-1055 https://empire.salvationarmy.org/
Gorham United Methodist Church Food Pantry 4746 South St. Gorham, NY, 14561	585-526-5223 https://gorhamumc.org/index.php/ministries/food-pantry/
Honeoye Food Pantry UCC Church 8758 Main Street Honeoye, NY 14471	Text: 585-721-0009 honeyefoodpantry@gmail.com
Manchester-Shortsville Twin Cities Food Cupboard Bennett Memorial Building	585-289-4164 585-289-3046 TwincitiesFC@hotmail.com
Naples Open Cupboard Harwood Lane behind 106 S. Main St. Naples, NY, 14512	585-531-0011 junespantrynaples@gmail.com

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FOOD PANTRY AND FOOD ASSISTANCE

Phelps Community Food Cupboard 315-548-8897
8 Banta Street, Suite 100 <http://phelpsny.com/community-center/>
Phelps, NY 14532

Rushville Marcus Whitman Central School District Pop-up Pantry 585-554-4848 ext. 1805
4100 Baldwin Road
Rushville, NY 14544

Stanley Beacon of Hope 585-526-5600
Flint Creek Church of God
3584 Flint Road
Stanley, NY 14561

Victor-Farmington Cupboard 585-924-2720
6548 Anthony Drive Suite A <https://vffood.org/>
Victor, NY, 14564

HOME ENERGY ASSISTANCE (HEAP)

NYS HEAP Hotline: 1-800-342-3009
<http://otda.ny.gov/programs/heap/>

HERR (Heating Equipment Repair and Replacement) available under limited circumstances. Call your local Department of Social Services Office (585-394-4060) or the NYS HEAP Hotline.

HEALTH INSURANCE/HEALTH NAVIGATOR

Tip from Ontario County Public Health: If you are pregnant and in need of Health Insurance for yourself and/or your children contact the Growing Up Healthy Hotline 1-800-522-5006. They can connect you to resources near you and with other agencies within Ontario County. Call Growing Up Healthy Hotline 1-800-522-5006.

New York State Health Insurance Exchange <https://nystateofhealth.ny.gov/>

Finger Lakes Community Health 315-781-8448
601-B West Washington Street <http://localcommunityhealth.com/>
Geneva, NY 14456

Newark/Wayne Community Health 315-332-2022
1200 Driving Park Avenue <https://www.rochesterregional.org/locations/hospitals/newark-wayne-community-hospital>
Newark, NY 14513

Community Health Care Association of New York State (CHCANYS) 800-346-2211
3010 County Complex Drive (Call for appointment)
Canandaigua NY 14424

Check your local library's event calendars to find an event with a Health Navigator

Mosaic Health Rushville 585-554-4400
2 Rubin Drive <https://mosaichealth.org/>
Rushville, NY 14544

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HOUSING ASSISTANCE

Emergency Housing/ Shelter for Families (Ontario County DSS)	585-396-4060
Geneva Housing Authority - Section 8- Not Emergency Housing	315-789-8010
PO Box 153, 41 Lewis Street Geneva, NY 14456	http://www.genevahousingauthority.com/contact.php

IMMUNIZATIONS FOR CHILDREN

Ontario County Public Health	1-800-299-2995
3019 County Complex Drive	585-396-4343
Canandaigua, NY 14424	
Your child may be eligible for free or reduced cost immunization.	

INTERNET SAFETY

Safe Kids	http://www.safekids.com/
NetSmartz®	https://www.missingkids.org/netsmartz/home
National Center for Missing & Exploited Children	
Safe Online Surfing (SOS) Program	https://sos.fbi.gov/en/

LEAD PROGRAM (CHILDHOOD LEAD POISONING PREVENTION)

Ontario County Public Health Lead Prevention Program	1-800-299-2995
3019 County Complex Drive	585-396-4343
Canandaigua, NY 14424	

“Lead Testing at 1 and 2 is What We Do!”

It is a New York State Law for **pregnant women and children ages 1 and 2 years old** be tested for Lead Poisoning. Has your child been tested?

Why test children for Lead Poisoning?

- Many children with Lead Poisoning have no symptoms, even with Lead Levels high enough to cause learning and behavioral issues.
- High Lead Levels in pregnant women can cause miscarriage and still birth as well as learning and behavior problems after the birth of your baby.

How can you protect your child from Lead Poisoning?

- Fix peeling lead paint and make home repairs using EPA Safe Lead Practice Guidelines. Contact Ontario County Public Health for a free booklet.
- Wash hands, toys, bottles, windows, and floors frequently.
- Be careful not to bring lead home on clothes, toys, and jewelry.
- Keep lead out of your food and tap water.
- Let water run for 1 minute before using it.
- Use lead free dishes.
- Serve foods that have calcium, iron, and vitamin C. These foods help to keep lead from being stored in your child’s body.

Your child may be eligible for a finger stick lead level, Call 1-800-299-2995 today!

2023 Ontario County Resource Guide

LEGAL SERVICES

LAWNY (Legal Assistance of the Western NY, Inc.)

361 South Main Street
Geneva, NY 14456
Bilingual staff (Spanish)

1-866-781-LAFL (5235)

315-781-1465

fax: 1-315-781-2565

www.lawny.org

- Free legal services to low-income people and other vulnerable population in civil law.
- Priorities: SSI disability benefits; housing (private landlord-tenant/public, subsidized housing, and homeowner's problems), family law, seniors, domestic violence, special education law, and community legal education.
- Domestic violence.
- Seniors with general civil legal problems in Ontario, Seneca, Wayne, and Yates counties.
- Crime victims.
- Home-based childcare providers with business law problems in Livingston, Ontario, and Wayne counties.
- Pregnant and parenting minors with civil legal problems who reside in Livingston, Ontario, & Wayne counties.
- People, for whom Spanish is their primary language, with economic security problems

LIBRARIES

Our local libraries have wonderful programs for all ages! Give them a call today!

Canandaigua

Wood Library

134 N. Main Street
Canandaigua, NY 14424

585-394-1381

<http://woodlibrary.org/>

Clifton Springs

Clifton Springs Library

4 Railroad Avenue
Clifton Springs, NY 14432

315-462-7371

<https://cliftonspringslibrary.com/>

East Bloomfield

Bloomfield Public Library

9 Church Street
Bloomfield, NY 14469

585-657-6264

<http://bloomfieldpubliclibrary.org/>

Geneva

Geneva Public Library

244 Main Street
Geneva, NY 14456

315-789-5303

<http://genevaplubliclibrary.net/>

Gorham

Gorham Free Library

2664 Main Street
Gorham, NY 14461

585-526-6655

<http://gorhamfreelibrary.wordpress.com/>

Naples

Naples Free Library

118 South Main Street
Naples, NY 14512

585-374-2757

<http://napleslibrary.org>

Phelps

2023 Ontario County Resource Guide

LIBRARIES

Phelps Community Memorial Library
8 Banta Street, Suite 200
Phelps, NY 14532

315-548-3120
<http://www.phelpslibrary.org/>

Shortsville

Red Jacket Community Library
7 Lehigh Avenue – P.O. Box 370
Shortsville, NY 14548

585-289-3559
<https://redjacket.owwl.org/>

Victor

Victor Farmington Library
15 West Main Street
Victor, NY 14564

585-924-2637
<http://victorfarmingtonlibrary.org/>

LIFELINE 9-8-8

Spanish-speaking counselors & translation services available.

Dial 9-8-8 or 1-877-356-9211

<https://988lifeline.org/>
Fax: 585-327-5518

24/7 crisis/suicide intervention, information/referral line for Monroe, Wayne, **Ontario**, Livingston, Cayuga & Seneca Counties. Info re emergency food/shelter/clothing, crisis counseling, substance abuse, employment, financial/legal issues, physical/mental health needs. Comprehensive resource list of >2500 agencies & programs.

MEDICAID (See Health Insurance/Health Navigator/Facilitated Enrollment)

MENTAL HEALTH

Suicidal or Homicidal thoughts: CALL 9-1-1

Counseling: For a complete list visit: <https://www.omh.ny.gov/>

Boike Marriage, Family, and Individual Counseling

3180 West Street
Canandaigua, NY 14424

585-710-9563
(Wednesdays) 585-394-1442
<http://boikepb.com/>
Boike3180@BoikePB.com

Canandaigua Psychotherapy Associates

527 North Main Street
Canandaigua, NY 14424

585-337-6119
<https://www.wellness.com/dir/3181781/counselor/ny/>

Clifton Springs Outpatient

Behavioral Health/CPEP Crisis
2 Coulter Road
Clifton Springs, NY 14432

585-922-9900
<https://www.rochesterregional.org/services/behavioral-health/>

Clinical Associates of the Finger Lakes - Victor

590 Fishers Station Drive, Suite 130
Victor, NY 14564

585-924-7207
<http://www.clinassoc.com/>

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MENTAL HEALTH

Family Counseling Services of the Finger Lakes 671 South Exchange Street Geneva, NY 14456	315-789-2613 http://www.fcsfl.org/familycounseling@fcsfl.org
Locations in Canandaigua, Newark, Seneca Falls, Penn Yan, and Sodus	
Lakeview Mental Health Services – Canandaigua 193 Parrish Street Canandaigua, NY 14424	585-394-7335 https://www.lakeviewhs.org/
Lakeview Mental Health Services – Geneva 609 West Washington Street Geneva, NY 14456	315-789-0550 https://www.lakeviewhs.org/
Mental Health Association 120 North Main Street Canandaigua, NY 14424	585-325-3145x501 https://www.mharochester.org/services/ontario-county/
Ontario County Mental Health 3019 County Complex Drive Canandaigua, NY 14424	585-396-4363 http://www.co.ontario.ny.us/index.aspx?nid=99
Canandaigua Lake Counseling Services 42 North Main Street Canandaigua, NY 14424	585-919-0014 https://www.canandaigualakecounselingservices.com/
Victor Counseling Practice 6539 Anthony Drive, Suite A Victor, NY 14564	585-398-8835

MISSING CHILDREN – Dial 9-1-1

National Center for Missing & Exploited Children New York Regional Office 275 Lake Avenue Rochester, NY 14608-1042	24-hour HOTLINE: 1-800-843-5678 585-242-0900 http://www.missingkids.com/NewYork
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PUBLIC HEALTH SERVICES

Ontario County Public Health 3019 County Complex Drive Canandaigua, NY 14424	585-396-4343 1-800-299-2995 Fax: 585-396-4551 www.ontariocountypublichealth.com
Programs and Services: Immunization clinics for children and adults, tuberculosis clinics, maternal child health visits, communicable disease follow-up, rabies clinics, lead poisoning prevention activities, flu clinics and public health education.	
Children with Special Needs Program, Early Intervention (EI) and Preschool Special Education Program	585-396-4546
<ul style="list-style-type: none">• Evaluation & services to children aged 0-5 with developmental delays or who are at risk of delays.• Physically Handicapped Children's Program (PHCP) - provides financial reimbursement to certain children aged 0-21 with medical and/or dental needs.• Eligibility-All county residents eligible for most preventive health programs.	

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PUBLIC HEALTH SERVICES

- Eligibility for CWSNP determined by evaluation or financial/medical need.

Ontario County Public Health Immunization Program

3019 County Complex Drive
Canandaigua, NY 14424

1-800-299-2995

585-396-4343

Residents of Ontario County are welcome attend weekly immunization clinics. The clinic offers all childhood vaccines through the federal Vaccines for Children Program. No child is turned away for inability to pay. The clinic also offers some adult vaccine products. Appointments are required.

PARENTING CLASSES/PARENTING ISSUES

Child and Family Resources; Healthy Families

671 South Exchange Street
Geneva, NY 14456

1-800-881-5786

315-781-1491 x216

<http://www.cfresources.org/>

Cornell Cooperative Extension

480 North Main Street
Canandaigua, NY 14424

585-394-3977

<http://cceontario.org/home-family/parenting-workshops>

F.F. Thompson Health Birthing Center Classes

Classes may be offered in-person or by zoom
Call for more information

585-396-6497

<https://www.thompsonhealth.com/Education/Birthing-Classes>

Family Hope Center

551 Exchange Street, PO Box 733
Geneva, NY 14456

315-789-0708

fax 315-789-3410

<http://www.familyhopecentergeneva.org/>

Family Counseling Service of the Finger Lakes

671 Exchange Street & 514 South Main Street
Geneva, NY 14456 or Canandaigua, NY 14424

315-789-2613

1-800-695-0390

<http://www.fcsfl.org/>

POLICE DEPARTMENTS, TOWN/VILLAGE

Canandaigua Police Department

21 Ontario Street
Canandaigua, NY 14424

585-396-5035

Clifton Springs Village Police Department

1 West Main Street
Clifton Springs, NY 14432

315-462-2422

Geneva Police Department

Public Safety Building
255 Exchange Street
Geneva, NY 14456

315-789-1111

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POLICE DEPARTMENTS, TOWN/VILLAGE

Manchester-Shortsville Police Department PO Box 188 Manchester, NY 14504	585-289-4340
Phelps Police Department 8 Banta Street Phelps, NY 14532	315-548-8237
Ontario County Sheriff's Department 3045 County Complex Drive Canandaigua, NY 14424	585-394-4560
New York State Police, Troop E 1569 State Route 332 PO Box 25220 Farmington, NY 14425	585-398-4100
Drug Tip Line:	315-781-0096
Ontario County Probation	585-396-4222
Juvenile Aid Bureau	585-396-4675
Youth Court	585-396-4519

PREGNANCY PROGRAMS

Birthright International of Rochester 320 N. Washington St Suite 116 Rochester, NY 14625	585-385-2100 24/7 1-800-550-4900 https://birthright.org/rochesterny
Care Net Pregnancy Center 120 North Main Street Suite 28 Canandaigua, NY	585-393-0437 http://www.carenetcan.org/
Catholic Charities of the Finger Lakes 120 North Main Street, Suite 40 Canandaigua, New York 14424	585-394-0190 http://www.catholiccharitiesfl.org/
Catholic Charities of the Finger Lakes 94 Exchange Street Geneva, NY 14456	315-789-2235 http://www.catholiccharitiesfl.org/
Child & Family Resources (Canandaigua) 514 South Main Street Canandaigua, NY 14424	585-919-2476
Child & Family Resources (Geneva) 671 South Exchange Street Geneva, NY 14456	315-781-1491 http://www.cfresources.org/
Child & Family Resources (Penn Yan) 263 Lake Street Penn Yan, NY 14527	315-536-1134

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PREGNANCY PROGRAMS

FF Thompson Hospital Birth Center 585-396-6000
350 Parrish Street
Canandaigua, NY 14424

RECREATION (PARKS, CLUBS, EXERCISE)

BICYCLES

Long Pier Ice Cream & Rentals 315-781-2453
47 Lakefront Drive
Geneva, NY 14456

Canandaigua RV&E Bike and Skate Shop 585-393-5680
168 South Main Street
Canandaigua, NY 14424

Geneva Bicycle Center 315-789-5922
489 Exchange Street
Geneva, NY 14456

CLUBS

Boys and Girls Club 315-781-2345
1 Goodman Street
Geneva, NY 14456
Fax: 315-781-2047
<http://www.bgcgeneva.org/>

Boys and Girls Club Teen Center 315-759-6060
160 Carter Road
Geneva, NY 14456
Fax: 315-759-6063
<http://www.bgcgeneva.org/>

Scouts of America, Finger Lakes Council 585-244-4210
(Seneca Waterways Council, BSA)
2320 Brighton-Henrietta TL Road
Rochester, NY 14623
<http://www.senecawaterways.org/>

Cornell Cooperative Extension: 4-H 585-394-3977
480 North Main Street
Canandaigua, NY 14424
Fax: 585-394-0377
<https://cceontario.org/4-h-youth>

Girl Scouts of America - Seven Lakes Council 315-539-5085
Route 318
Phelps, NY 14532
<http://www.girlscouts.org/>

Finger Lakes Visitors Connection 585-394-3915
19 Susan B. Anthony Lane
Canandaigua, NY 14424
1-877-386-4669
<http://visitfingerlakes.com/>

Geneva Recreation Complex 315-789-2277x3
666 South Exchange Street
Office: 47 Castle Street
Geneva, NY 14456
Fax: 315-789-4294
<https://cityofgenevany.com/259/Recreation-Department>

2023 Ontario County Resource Guide

RECREATION (PARKS, CLUBS, EXERCISE)

Geocaching

<http://www.geocaching.com/>

PARKS AND RECREATION BY TOWN/VILLAGE

CANANDAIGUA

http://townofcanandaigua.org/portfolio_page.asp?id=1

Kershaw Park

Kershaw Park

91 Lakeshore Drive
Canandaigua, NY 14424

Bristol Mountain Winter Ski Resort & Waterpark

585-374-6000

5662 State Route 64
Canandaigua, NY 14424

<http://www.bristolmountain.com/>

Greater Canandaigua Civic Center

585-396-7230

Ice Skating/Hockey
250 North Bloomfield Road
Canandaigua, NY 14424

<http://www.gccc.org/>

McJannett Park

http://townofcanandaigua.org/portfolio_page.asp?id=1

4820 State Route 21 South
Canandaigua, NY 14424

Leonard R. Pierce Memorial Park

http://townofcanandaigua.org/portfolio_page.asp?id=1

5655 Goodale Road
Canandaigua, NY 14424

Onanda Park & Beach

http://townofcanandaigua.org/portfolio_page.asp?id=1

4965 County Road 16
Canandaigua, NY 14424

Ontario Pathways Trail

585-234-7722

PO Box 996
Canandaigua, NY 14424

www.ontariopathways.org

Roseland Bowl (Bowling)

585-394-5050

4357 Recreation Drive
Canandaigua, NY 14424

<http://www.roselandbowl.com/>

Roseland Water Park

585-396-2000

250 Eastern Boulevard
Canandaigua, NY 14424

<http://www.roselandwaterpark.com/>

GENEVA

<http://cityofgenevany.com/>

Big Oaks Public Golf Course

315-789-9419

33 Packwood Road
Geneva, NY 14456

<http://www.bigoakgc.com/>

Roy's Marina

315-789-3094

4398 Clarks Point
Geneva, NY 14456

<http://www.roysmarina.net/>

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PARKS AND RECREATION BY TOWN/VILLAGE

Seneca Lake Country Club 315-789-4681
226 Turk Road <http://www.golfnewyork.com/courses/geneva/seneca-lake-cc/>
Geneva, NY 14456

Seneca Lake State Park 315-789-2331
100 Waterloo Geneva Rd <https://parks.ny.gov/parks/>
Geneva, NY 14456

HONEOYE

Sandy Bottom Beach <https://www.visitfingerlakes.com/listing/sandy-bottom-park/320/>
Honeoye, NY 14471

Honeoye State Park <http://www.dec.ny.gov/outdoor/25579.html>
Honeoye, NY 14471

Harriet Hollister Spencer Park 585-335-8111
State Recreation Area <https://parks.ny.gov/parks/harriethollisterspencer/maps.aspx>
6775 Canadice Hill Road
Springwater, NY 14560

NAPLES

Cummings Nature Center 585-374-6160
6472 Gulick Road <http://www.rmsc.org/cumming-nature-center>
Naples, NY 14512

Hi Tor Wildlife Management Area <http://www.dec.ny.gov/outdoor/24439.html>
Naples, NY 14512

Hunt Hollow Ski Club 585-374-5428
8613 State Route 21 South <http://www.hunthollow.com/>
Naples, NY 14512

Reservoir Creek Golf Club 585-374-8010
8613 State Route 21 <https://rcgolf.com/>
Naples, NY 14512

RECREATION PROGRAMS

Bristol Parks and Recreation 585-229-2400
<http://www.townofbristol.org/page.asp?id=59>

Town of Canandaigua: Summer Recreation Program 585-394-1120 x2226
5440 Route 5 & 20 West <http://www.townofcanandaigua.org/>
Canandaigua, NY 14424

Town of Farmington Summer Recreation Program 315-986-8100
1000 County Road 8 https://townoffarmingtonny.com/summer_recreation
Farmington, NY 14425

Geneva Recreation Program 315-789-5005

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47 Castle Street
Geneva, NY 1456 <https://cityofgenevany.com/334/Recreation>

Naples Summer Recreation Program 585-374-2435
106 South Main Street <https://naplesny.us/naples-summer-recreation-program/>
Naples, NY 14512

Phelps Summer Youth Program 315-548-3861
8 Banta Street, Suite 100 <https://www.phelpscc.org/summerprogram>
Phelps, NY 14532

Summer Recreation Program, Shortsville 585-289-6104
6 East Main Street <https://villageofshortsvilleny.us/parks.php>
Shortsville, NY 14548

RUNAWAY YOUTH SERVICES

National Runaway Safeline 1-800-786-2929
<http://www.1800runaway.org/>

SEXUALLY TRANSMITTED INFECTIONS (STI)

STI Questions: Call Ontario County Public Health 1-800-299-2995

- In NY State, the following STI's are reported to the health department: **chlamydia, gonorrhea, syphilis, hepatitis B, and HIV.**
- Every year million persons become infected with an STI.
- You can't tell by looking if a person is infected with a disease that can be passed to you during sex.
- The correct and consistent use of condoms decreases the likelihood of getting an STI.
- Condoms protect against some, but not all sexually transmitted infections.
HIV testing is a routine for most patients in doctor's offices, emergency rooms, & urgent care centers.

HIV/AIDS RESOURCES

CDC National STD Hotline 1-800-232-4636

Finger Lakes Community Health 315-781-8448
601-B West Washington Street
Geneva, NY 14456
With prior permission office can bill Ontario County Public Health for clients unable to afford STI testing or treatment.

NYSDOH Bureau of STD Control <http://www.health.ny.gov/diseases/aids/about/prevsup.htm>

NYS HIV/AIDS Hotline (English) 1-800-541-2437

Planned Parenthood of Central & Western NY 585-396-9352
15 Lafayette Avenue
Canandaigua, NY 14424
This center can bill Ontario County Public Health for clients unable to afford STI testing or treatment.

SUPERVISED VISITATION (COURT ORDERED)

Catholic Charities (Geneva Office) 315-789-2235 (Regional)
94 Exchange Street <http://www.catholiccharitiesfl.org/>
Geneva, New York 14456

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Catholic Charities (Canandaigua Office) 120 North Main Street, Suite 40 Canandaigua, New York 14424	585-394-0190 http://www.catholiccharitiesfl.org/
Child & Family Resources 671 South Exchange Street Geneva, NY 14456	315-781-1491 1-800-881-5786
Child & Family Resources 514 South Main Street Canandaigua, NY 14424	585-919-2476

SUPPORT GROUPS

First Time Around: Mother's Support Group FF Thompson Hospital Birth Center	585-396-6260
Safe Harbor of the Finger Lakes (Domestic violence) 1 Franklin Square Suite 324 Geneva, NY 14456	315-781-1093 1-800-247-7273
La Leche League (Breastfeeding support) PO Box 54 Clifton Springs, NY 14432—No Referral Needed	315-548-7980 http://www.llli.org/
Healthy Families Ontario Resource	315-781-1491 <i>See appendix F for referral forms pages 71-73</i>
Catholic Charities 94 Exchange Street Geneva, NY 14456	315-789-2235 Fax: 315-789-5785 http://www.catholiccharitiesfl.org/
Child & Family Resources 671 South Exchange Street Geneva, NY 14456	315-781-1491 http://www.cfresources.org/
Center for Dispute Settlement	1-800-To-Agree 585-396-0840 http://www.cdsadr.org/
National Alliance on Mental Illness (NAMI) Rochester 346 N. Goodman St Rochester, NY 14607	585-423-1593 https://www.namiroc.org/support-groups

TRANSPORTATION

Regional Transit Service (RTS)	585-394-2250
Fixed Route Service - We offer fixed route services throughout Ontario County. Keep in mind the bus stops shown on RTS Ontario routes are only the major stops. There are additional stops along the route.	1-800-667-2287 http://www.myrts.com/

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TRANSPORTATION

Dial-A-Ride Service- within Ontario County. To schedule, call at 585-394-2250
least 24 hours in advance, Monday- Friday, 9:00am - 3:00pm. You
may call up to a week in advance to reserve a ride. Call 24 hours in advance

ADA Paratransit Route Deviation- Pick up from any location within $\frac{3}{4}$ 585 394-2250
of a mile from the fixed route service; this is called "route deviation". 1-800-667-2287
Fares are twice the fixed route fare; discounts do not apply. You may Call 24 hours in advance
call up to a week in advance to reserve a ride.

Medicaid Transportation 1-855-733-9402
Medicaid recipients - rides to medical appointments.

Transit Medical Transportation 585-363-5356

Monroe Ambulance 585-454-6211
24 hours/7 days a week – medical, wheelchair, and non-
emergency transports

Greyhound Bus Lines 1-800-231-2222
<http://www.greyhound.com/>

UTILITY ASSISTANCE

Some utility companies have assistance with preventing utility shut off especially in the winter months. Please contact your utility company for more information.

HEAP (Fuel Cost Assistance) 585-394-4060

NY State Public Assistance 1-800-342-3009

VETERAN SERVICES

Canandaigua VA Medical Center 585-394-2000 or 800-204-9917
400 Fort Hill Avenue 24 hours per day / 7 days per week
Canandaigua, NY 14424 <http://www.canandaigua.va.gov/>

24-hour medical advice for enrolled veterans 1-888-838-7890

Crisis Hotline for veterans and their loved ones 1-800-273-8255, Press 1 or
Send a text message to 838255
<https://www.veteranscrisisline.net/>

Ontario County Veteran Services 585-396-4185

Women Veteran Health Program 585-393-7401

Women Veteran National Call Center 1-855-VA-WOMEN or 1-855-829-6636

VICTIM/WITNESS ASSISTANCE SERVICES (ONTARIO COUNTY DISTRICT ATTORNEY)

2023 Ontario County Resource Guide

VICTIM/WITNESS ASSISTANCE SERVICES (ONTARIO COUNTY DISTRICT ATTORNEY)

Main Office

Ontario County Courthouse
27 North Main Street
Canandaigua, NY 14424

585-396-4010
<https://ontariocountyny.gov/1845/Victim-Witness-Assistance-Program>

Co-Locations:

Ontario County Sheriff's Office
74 Ontario Street
Canandaigua, NY 14424

Ontario County Probation Department
3010 County Complex Drive
Canandaigua, NY 14424

VISITING NURSE SERVICES

Finger Lakes Visiting Nurse Service & Ontario-Yates Hospice

756 Pre-Emption Road
Geneva, NY 14456

1-800-253-4439
UR Medicine Home Care Website

Lifetime Care

Home care Services

585-214-1000
1-800-724-1410
<https://www.lifetimecare.org/>

2023 Ontario County Resource Guide

Appendix A: Medicaid Eligibility 2023

<https://www.benefits.gov/benefit/1637>

Who is eligible for New York Medicaid?

To be eligible for New York Medicaid, you must be a resident of the state of New York, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or
- Have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

Annual Household Income Limits (before taxes)

Household Size*	Maximum Income Level (Per Year)
1	\$18,075
2	\$24,353
3	\$30,630
4	\$36,908
5	\$43,186
6	\$49,463
7	\$55,741
8	\$62,018

*For households with more than eight people, add \$6,277 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.

2023 Ontario County Resource Guide

Appendix B: Supply a Smile

Supply a Smile

Supply a Smile is a local organization associated with *Canandaigua Churches in Action (CCIA)*, serving uninsured residents of Ontario County with free dental services for adults aged 18 and older, and is limited to cleanings, fillings, and extractions. Services are provided by area dental offices.

Contact: 585-376-2242

Email supplyasmile@gmail.com

2022-2023 *Supply a Smile* Schedule

OCTOBER 1st

NOVEMBER 5th

DECEMBER 3rd

FEBRUARY 4th

MARCH 4th

APRIL 1st

MAY 6th

WHEN: Screenings take place on the 1st Saturday of each month from 9 am - 10 am from September thru May (except in January). Patients are seen on a first-come, first-served basis.

WHERE: Supply a Smile does not have a physical office location. We are thankful to the Canandaigua Elementary School staff for allowing us to use their facility for our screenings.

Canandaigua Elementary School Cafeteria
90 West Gibson Street
Canandaigua, NY 14424

2023 Ontario County Resource Guide

Appendix C: Medication/Drug Drop Box Locations

Keep our community and the environment safe! Bring unwanted medications to these locations:



Bristol

Town Hall

Canandaigua

Canandaigua DMV Office
FLCC
Ontario County Mental Health Clinic
Sheriff's Office
Thompson Hospital
Canandaigua City Police Department

Clifton Springs

Clifton Springs Hospital and Clinic

East Bloomfield

Town Hall

Farmington

State Trooper Barracks

Geneva

Police Department

Honeoye

CVS Pharmacy

Naples

Town Clerk's Office

Phelps

Community Center

Shortsville

Fire Department

Richmond

Town Hall

Victor

Mead Square Pharmacy

For more information:
PreventionCoalitionOC.org



2023 Ontario County Resource Guide

Appendix D: Food Pantries in Ontario County

Location	Food Pantry	Phone
Canandaigua	Salvation Army	585-394-6968
	St. Vincent DePaul	585-394-3980
	Hope and Life Pantry	585-393-4310
	Food Link Mobile Pantry	585-328-3380 x155
	New Covenant Baptist Church	585-394-9440
	CCIA Food Pantry	585-396-2242
Bloomfield Bristol Naples	Bristol Community Food Cupboard	585-393-1058
	Naples Open Cupboard	585-369-8142
	The Blessing Room (Bloomfield)	585-657-6199
	Project FISH (W. Bloomfield)	585-453-2370
	Food Link Mobile Pantry	585-328-3380 x155
Victor Farmington	Victor-Farmington Food Pantry	585-924-2720
	Calvary Chapel	585-398-3550
Geneva	Center of Concern	315-789-1117
	Salvation Army Geneva	315-789-1055
	SAVE/Food Link	315-789-7811 x107
Clifton Springs Phelps Shortsville Manchester	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
	Phelps Community Food Cupboard	315-548-8897
	Manchester-Shortsville Twin Cities Food Cupboard	585-289-3046
	Food Link Mobile Pantry	585-328-3380 x155
	Wellsprings Church	315-548-6292
	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
Honeoye	Community Food Pantry	585-229-5911
Stanley	Beacon of Hope at the Circle of Care	585-526-5600
	Friendship House	585-554-6056

***Contact the Pantry's for their services offered, dates of service, and hours of operation.**

Hot Meals	Geneva Community Lunch	315-789-2686 x105
	Gleaners Community Kitchen	585-394-9440
	David's Table	585-394-7450
	Hands of Hope Kitchen	585-749-2694

2023 Ontario County Resource Guide

Appendix E: Canandaigua Pop-Up Food Pantry 2023 Schedule



**CANANDAIGUA POP-UP
FOOD PANTRY**

FEBRUARY 27, 2023
MARCH 20, 2023
APRIL 24, 2023
MAY 22, 2023
JUNE 26, 2023

**11:00-1:00PM OR UNTIL FOOD
IS GONE**

TOWN OF CANANDAIGUA
HIGHWAY DEPARTMENT BARN
5440 ROUTE 5 & 20
CANANDAIGUA, NY 14424

New Location!



All are welcome.
No public restrooms.
Please do not come/get in line before 10:00 am.
First come, first served.

2023 Ontario County Resource Guide

Appendix F: Food Stamp (SNAP) Eligibility

Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But the only way to determine if your household is eligible for SNAP benefits is to apply.

Income Guidelines for Households without Earned Income (no elderly or disabled member)

<https://www.ny.gov/services/apply-snap>

<u>Maximum SNAP Benefit Allowances</u>	
Household Size	Maximum Allotment
1	\$281
2	\$516
3	\$740
4	\$939
5	\$1,116
6	\$1,339
7	\$1,480
8	\$1,691
For each additional member	\$ 211 +
* These figures are based upon SNAP Standards effective October 1, 2023.	
Note: A SNAP budget must be calculated for your household in order to determine SNAP eligibility and benefit amount.	

2023 Ontario County Resource Guide

Appendix G: Healthy Families Ontario & Child and Family Resources Referral (English and Spanish)

To request a free childcare referral please fill out the referral form (linked below) and either email back to cfr.info@cfresources.org or print and mail to our office:

Child and Family Resources, Inc.,
115 Fall Street
Seneca Falls, NY 13148

Fillable form Online (English):

<https://cfr.clubexpress.com/docs.ashx?id=13155>

Para solicitar una referencia de cuidado de niños gratis por favor, llene este formulario y envíelo por correo electrónico a cfr.info@cfresources.org o imprímalo y envíelo por correo a nuestras oficinas:

Child and Family Resources, Inc.
115 Fall Street
Seneca Falls, NY 13148

Fillable form Online (Spanish):

<http://documents.clubexpress.com/documents.ashx?key=XMS7u8I2dnmqHfYJnePaHuw%2bcB77dYkRsv7d1XJ2Z3pRVirusGlPSmlSqlDfGO50ltP3Jx0pY0E%3d>

2023 Ontario County Resource Guide

Appendix H: Sharps Collection Sites

Sharps Collection Sites

<https://safeneedledisposal.org/search-results/>
Call prior to attending a collection site

Location	Address	Contact Phone	Drop Off
Clifton Springs Hospital and Clinic	2 Coulter Rd Clifton Springs, NY 14432	315-462-9561	Hospital Laboratory
Elm Manor Nursing and Rehabilitation Center	210 N Main St Canandaigua, NY 14424	585-394-3883	Lobby
Farmington Urgent Care	1600 Corporate Drive, Farmington, NY 14425	585-924-1510	See Receptionist at Reception Area in Lobby
F.F. Thompson Hospital	350 Parrish St Canandaigua, NY 14424	585-396-6100	24/7 availability, Emergency Ambulatory Entrance
Geneva General Hospital	196 North St Geneva, NY 14456	315-787-4145	24/7 availability, Emergency Department Entrance
Ontario Center for Rehabilitation and Nursing	3062 County Complex Dr Canandaigua, NY 14424	585-396-4385	Lobby

Sharps should be brought to disposal sites in a hard sided plastic container that stays upright (like a laundry detergent bottle), labeled, with the lid taped shut.

2023 Ontario County Resource Guide

Appendix I: Tutors for Medically Fragile Children

What is BOOST?



Boost provides supplementary tutoring for children with cancer and other chronic diseases, which may prevent normal educational development. This group of

teachers will not supplant the tutoring being provided by the school, but will act as a “boost” to a child by helping him/her better understand material being presented at the child’s grade level. The goal of Boost is to do all of this with the caring and warmth of an adopted grandparent. Looking out for each child’s future Boost keeps an eye on each child’s future. Our tutors use their teaching expertise to fill the gap left when traditional schooling is not possible. Keeping the student on-track Boost tutors make every effort to keep the student academically on track with their peers.

How does BOOST work?

Boost does not replace the tutor from the school, but works *with* the teacher, parent and student to provide extra help and encouragement such as:

- Communicating with the teacher as to what assistance can be provided.
- Going to the home once or twice a week.
- Going to the clinic to help with school work.
- Being on-call as progress is made, so that instruction is available whenever your child needs it.

Getting Started

1. The Director meets one-on-one with the parents and child, so all parties can discuss the child’s academic needs.
2. The tutor is chosen based on the needs of the child.
3. The tutor meets with the parents and child to set up a schedule and location, as well as to become acquainted with one another.
4. Upon receiving permission from the parents, the tutor communicates with the school in order to coordinate services.
5. The tutor meets with the child once or twice a week as long as tutoring is needed.
6. Each time the tutor works with the child there must be a parent, grandparent, guardian or other responsible adult present at the location of the tutoring.

Complementing Services

Boost complements services provided by the school by helping the child:

- Keep up with school work
- Get back into the swing of school
- Stay at grade level

Get a BOOST!

Call or email Linda Bolan today.
phone: 585-317-7269
email: linda4boost@gmail.com



Qualified • Compassionate • Reliable



2023 Ontario County Resource Guide

Appendix J: Immunization Schedule, Children

<https://www.health.ny.gov/publications/2370.pdf>

2022-23 School Year New York State Immunization Requirements for School Entrance/Attendance¹

NOTES:

Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

Dose requirements MUST be read with the footnotes of this schedule

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) ²	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older	3 doses	
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) ³	Not applicable		1 dose	
Polio vaccine (IPV/OPV) ⁴	3 doses	4 doses or 3 doses if the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) ⁵	1 dose	2 doses		
Hepatitis B vaccine ⁶	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine ⁷	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) ⁸	Not applicable		Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) ⁹	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) ¹⁰	1 to 4 doses	Not applicable		

2023 Ontario County Resource Guide

Appendix K: Your Child's First Vaccines

VACCINE INFORMATION STATEMENT

Your Child's First Vaccines: What You Need to Know

Many vaccine information statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

The vaccines included on this statement are likely to be given at the same time during infancy and early childhood. There are separate Vaccine Information Statements for other vaccines that are also routinely recommended for young children (measles, mumps, rubella, varicella, rotavirus, influenza, and hepatitis A).

Your child is getting these vaccines today:

DTaP Hib Hepatitis B Polio PCV13

(Provider: Check appropriate boxes.)

1. Why get vaccinated?

Vaccines can prevent disease. Childhood vaccination is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.

Diphtheria, tetanus, and pertussis (DTaP)

- **Diphtheria (D)** can lead to difficulty breathing, heart failure, paralysis, or death.
- **Tetanus (T)** causes painful stiffening of the muscles. Tetanus can lead to serious health problems, including being unable to open the mouth, having trouble swallowing and breathing, or death.
- **Pertussis (aP)**, also known as “whooping cough,” can cause uncontrollable, violent coughing that makes it hard to breathe, eat, or drink. Pertussis can be extremely serious especially in babies and young children, causing pneumonia, convulsions, brain damage, or death. In teens and adults, it can cause weight loss, loss of bladder control, passing out, and rib fractures from severe coughing.

Hib (*Haemophilus influenzae* type b) disease

Haemophilus influenzae type b can cause many different kinds of infections. These infections usually affect children under 5 years of age but can also affect adults with certain medical conditions. Hib bacteria can cause mild illness, such as ear infections

or bronchitis, or they can cause severe illness, such as infections of the blood. Severe Hib infection, also called “invasive Hib disease,” requires treatment in a hospital and can sometimes result in death.

Hepatitis B

Hepatitis B is a liver disease that can cause mild illness lasting a few weeks, or it can lead to a serious, lifelong illness. Acute hepatitis B infection is a short-term illness that can lead to fever, fatigue, loss of appetite, nausea, vomiting, jaundice (yellow skin or eyes, dark urine, clay-colored bowel movements), and pain in the muscles, joints, and stomach. Chronic hepatitis B infection is a long-term illness that occurs when the hepatitis B virus remains in a person's body. Most people who go on to develop chronic hepatitis B do not have symptoms, but it is still very serious and can lead to liver damage (cirrhosis), liver cancer, and death.

Polio

Polio (or poliomyelitis) is a disabling and life-threatening disease caused by poliovirus, which can infect a person's spinal cord, leading to paralysis. Most people infected with poliovirus have no symptoms, and many recover without complications. Some people will experience sore throat, fever, tiredness, nausea, headache, or stomach pain.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Appendix K, Continued

Your Child's First Vaccines, page 2

A smaller group of people will develop more serious symptoms: paresthesia (feeling of pins and needles in the legs), meningitis (infection of the covering of the spinal cord and/or brain), or paralysis (can't move parts of the body) or weakness in the arms, legs, or both. Paralysis can lead to permanent disability and death.

Pneumococcal disease

Pneumococcal disease refers to any illness caused by pneumococcal bacteria. These bacteria can cause many types of illnesses, including pneumonia, which is an infection of the lungs. Besides pneumonia, pneumococcal bacteria can also cause ear infections, sinus infections, meningitis (infection of the tissue covering the brain and spinal cord), and bacteremia (infection of the blood). Most pneumococcal infections are mild. However, some can result in long-term problems, such as brain damage or hearing loss. Meningitis, bacteremia, and pneumonia caused by pneumococcal disease can be fatal.

2. DTaP, Hib, hepatitis B, polio, and pneumococcal conjugate vaccines

Infants and children usually need:

- 5 doses of **diphtheria, tetanus, and acellular pertussis vaccine (DTaP)**
- 3 or 4 doses of **Hib vaccine**
- 3 doses of **hepatitis B vaccine**
- 4 doses of **polio vaccine**
- 4 doses of **pneumococcal conjugate vaccine (PCV13)**

Some children might need fewer or more than the usual number of doses of some vaccines to be fully protected because of their age at vaccination or other circumstances.

Older children, adolescents, and adults with certain health conditions or other risk factors might also be recommended to receive 1 or more doses of some of these vaccines.

These vaccines may be given as stand-alone vaccines, or as part of a combination vaccine (a type of vaccine that combines more than one vaccine together into one shot).

3. Talk with your health care provider

Tell your vaccination provider if the child getting the vaccine:

For all of these vaccines:

- Has had an **allergic reaction after a previous dose of the vaccine**, or has any **severe, life-threatening allergies**

For DTaP:

- Has had an **allergic reaction after a previous dose of any vaccine that protects against tetanus, diphtheria, or pertussis**
- Has had a **coma, decreased level of consciousness, or prolonged seizures within 7 days after a previous dose of any pertussis vaccine (DTP or DTaP)**
- Has **seizures or another nervous system problem**
- Has ever had **Guillain-Barré Syndrome** (also called "GBS")
- Has had **severe pain or swelling after a previous dose of any vaccine that protects against tetanus or diphtheria**

For PCV13:

- Has had an **allergic reaction after a previous dose of PCV13, to an earlier pneumococcal conjugate vaccine known as PCV7, or to any vaccine containing diphtheria toxoid** (for example, DTaP)

In some cases, your child's health care provider may decide to postpone vaccination until a future visit.

Children with minor illnesses, such as a cold, may be vaccinated. Children who are moderately or severely ill should usually wait until they recover before being vaccinated.

Your child's health care provider can give you more information.

2023 Ontario County Resource Guide

Appendix K, Continued

Your Child's First Vaccines, page 3

4. Risks of a vaccine reaction

For all of these vaccines:

- Soreness, redness, swelling, warmth, pain, or tenderness where the shot is given can happen after vaccination.

For DTaP vaccine, Hib vaccine, hepatitis B vaccine, and PCV13:

- Fever can happen after vaccination.

For DTaP vaccine:

- Fussiness, feeling tired, loss of appetite, and vomiting sometimes happen after DTaP vaccination.
- More serious reactions, such as seizures, non-stop crying for 3 hours or more, or high fever (over 105°F) after DTaP vaccination happen much less often. Rarely, vaccination is followed by swelling of the entire arm or leg, especially in older children when they receive their fourth or fifth dose.

For PCV13:

- Loss of appetite, fussiness (irritability), feeling tired, headache, and chills can happen after PCV13 vaccination.
- Young children may be at increased risk for seizures caused by fever after PCV13 if it is administered at the same time as inactivated influenza vaccine. Ask your health care provider for more information.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5. What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call 9-1-1 and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call 1-800-822-7967. *VAERS is only for reporting reactions, and VAERS staff members do not give medical advice.*

6. The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Claims regarding alleged injury or death due to vaccination have a time limit for filing, which may be as short as two years. Visit the VICP website at www.hrsa.gov/vaccinecompensation or call 1-800-338-2382 to learn about the program and about filing a claim.

7. How can I learn more?

- Ask your health care provider.
- Call your local or state health department.
- Visit the website of the Food and Drug Administration (FDA) for vaccine package inserts and additional information at www.fda.gov/vaccines-blood-biologics/vaccines.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-4636 (1-800-CDC-INFO) or
 - Visit CDC's website at www.cdc.gov/vaccines.



2023 Ontario County Resource Guide

Appendix L: Breastfeeding Resources

Breastfeeding Resources Brochure Page 1 (English)



**EVERY PARENT
NEEDS A LITTLE
SUPPORT**

Reliable Websites

New York State Department of Health
<http://www.health.ny.gov/community/pregnancy/breastfeeding/>

Office of Women's Health
<http://www.womenshealth.gov/breastfeeding/>

Centers for Disease Control and Prevention
<https://www.cdc.gov/breastfeeding/index.htm>

La Leche League International
www.llli.org

WIC
<https://wicworks.fns.usda.gov/>

WHERE TO FIND US



(585) 396-4558

www.facebook.com/FLBreastfeeding



christy.richards@ontariocountyny.gov

BREASTFEEDING RESOURCES

in the
Finger Lakes



2023 Ontario County Resource Guide

Appendix L, Continued

Breastfeeding Resources Brochure Page 2 (English)

WIC & La Leche League

WIC: Chemung & Schuyler Counties:
(607) 737-2039

Livingston County:
(585) 243-7530

Ontario, Wayne, Seneca & Yates:
(585) 394-9240

Steuben County: (607) 776-1151

La Leche League:

Finger Lakes Area: Maureen Weidman: (315) 548-7980

La Leche League in your area:
<http://www.llnny.org/>

Breastfeeding/Parenting Support Sites

- Parenting Partners: Healthy Families Ontario & Yates: (315) 412-4527
- Positive Expressions Infant Support: Livingston County Health Department: (585) 243-7299
- Baby Bistro: Elmira Resource Center: (607) 737-2039
- ROC City Baby Cafes: Zoom: <https://rochesterregionalbreastfeedingcoalition.com/baby-cafe/>

Local Health Departments

Chemung County:
(607) 737-2488

Livingston County:
(585) 243-7299

Ontario County:
(585) 396-4343

Seneca County:
(315) 539-1920

Schuyler County:
(607) 535-8140

Steuben County:
(607) 664-2438

Yates County:
(315) 536-5160

Wayne County:
(315) 946-5749



www.facebook.com/FLBreastfeeding

9/9/2022

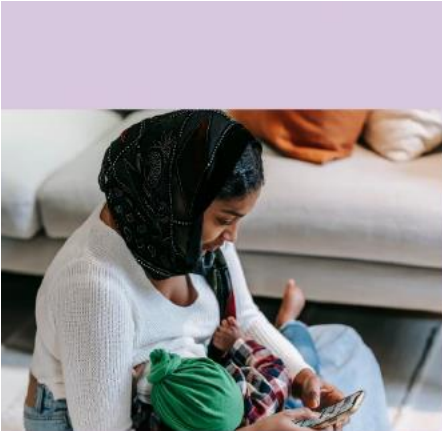


Many local Health Departments feature home visits with a Certified Lactation Counselor (CLC)

2023 Ontario County Resource Guide

Appendix L, Continued

Breastfeeding Resources Brochure Page 1 (Spanish)



**Todas las familias
necesita un poco
de apoyo**

Recursos de Lactancia en Internet

Departamento de Salud del Estado de Nueva York
<http://www.health.ny.gov/community/pregnancy/breastfeeding/>
Oficina de Salud para la Mujer,
Departamento de Salud y Servicios Humanos de EE.UU

<http://www.womenshealth.gov/breastfeeding/>

Asociación Internacional: La Leche
www.illli.org

Departamento de Agricultura de los Estados Unidos, WIC
<https://wicworks.fns.usda.gov/>

Dónde encontrarlos

(585) 396-4558

www.facebook.com/FLBreastfeeding

christy.richards@ontariocountyny.gov

Recursos sobre Lactancia

EN LA
REGION DE
FINGER Lakes



2023 Ontario County Resource Guide

Appendix L, Continued

Breastfeeding Resources Brochure Page 2 (Spanish)

WIC & Asociación La Leche

WIC:**Condados de Chemung & Schuyler :**

(607) 737-2039

Condado de Livingston:

(585) 243-7530

Condados: Ontario, Wayne, Seneca &**Yates:**

(585) 394-9240

Condado de Steuben:

(607) 776-1151

Asociación La Leche:**Area de Finger Lakes: Maureen****Weidman:**

(315) 548-7980

Sitios de apoyo para la lactancia y la crianza de los hijos

Socios de crianza: Healthy Families

Ontario y Yates: (315) 412-4527

Positive Expressions Infant Support:

Departamento de Salud del

Condado de Livingston: (585) 243-

7299

Baby Bistro: Centro de recursos de

Elmira: (607) 737-2039

Cafés para bebés de ROC City:

Zoom:

<https://rochesterregionalbreastfeedingcoalition.com/baby-cafe/>

Llame a su Departamento de Salud:

Trabajadores de Salud,
enfermeras y Consejeros

Certificados en Lactancia:

Condado de Chemung:

(607) 737-2488

Condado de Livingston:

(585) 243-7299

Condado de Ontario

(585) 396-4343

Condado de Seneca:

(315) 539-1920

Condado de Schuyler:

(607) 535-8140

Condado de Steuben:

(607) 664-2438

Condado de Yates

(315) 536-5160

www.facebook.com/FLBreastfeeding

Muchos departamentos de salud locales cuentan con visitas domiciliarias con un consejero de lactancia certificado (CLC)

2023 Ontario County Resource Guide

Appendix M: Ontario County Dental Card Program

Ontario County Dental Card Program

Fee Comparisons with Card in Central and Western New York

Dental Procedure	Average Area Fees	You Pay	You Save
Exam and Cleaning (Adult)	\$107	\$74	\$33
X-Rays, Complete Series	\$129	\$72	\$57
X-Rays, Four Bitewings	\$64	\$34	\$30
Filling, Two Surface Amalgam	\$130	\$86	\$44
Filling, Two Surface Composite	\$185	\$121	\$64
Crown, Porcelain, High Noble Metal	\$1,035	\$641	\$394
Root Canal, Molar	\$1,087	\$656	\$431
Extraction, Erupted Tooth	\$140	\$79	\$61



Ontario County

Ontario County has partnered with Health Economics Group, Inc. (HEG), a dental benefits firm, to provide residents with a voluntary Dental Network Card. For only \$36.50 per year - or \$52.00 per year for an entire family - you can have access to a network of thousands of dentists



throughout the country who have agreed to accept low fees as payment in full.

Savings are as much as several hundred dollars for crowns and root canals, and \$30 to \$50 or more for dental exams and cleanings, fillings, and extractions. The program will make going to the dentist more affordable and easier for seniors and families in Ontario County. You can make your money back in savings your first visit!*

The program is not insurance; instead, it provides a way to obtain dental services at more affordable fees - among the lowest in the area and throughout the United States.

For more information and to enroll in the program, please visit ontariocountypublichealth.com or call Health Economics Group, Inc. at 1-800-666-6690 x505.

Like us on Facebook

*Savings for first visit based off of the comparisons for an Exam and Cleaning (Adult) and X-Rays

Ontario County Dental Card Program



Ontario County Board of Supervisors

2023 Ontario County Resource Guide

Appendix M, Continued

Ontario County Dental Card Program

Ontario County		Health Economics Group, Inc.	
Dental Network Card Enrollment Form			Please Print
Last Name:	First Name:	MI:	Gender: <input type="checkbox"/> F <input type="checkbox"/> M
Date of Birth (MM/DD/YYYY):		Phone Number:	
Address:			
City:		State:	Zip Code:
Email Address:			
Dependents			
Name	Relationship	Gender	Date of Birth (MM/DD/YY)
	Spouse	<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
		<input type="checkbox"/> F <input type="checkbox"/> M	
Payment: <input type="checkbox"/> \$36.50 (Individual Coverage for On Year) OR <input type="checkbox"/> \$52.00 (Family Coverage for One Year)			
<input type="checkbox"/> Pay by Check <ul style="list-style-type: none"> • Make check Payable to "Health Economics Group, Inc." • Mail Payment and Enrollment form to: Health Economics Group Inc. 1050 University Avenue, Suite A, Rochester, NY 14607 Attn: Dental Network Card Program 			
<input type="checkbox"/> Pay by Credit Card <ul style="list-style-type: none"> • Mail Enrollment form to: Health Economics Group Inc. 1050 University Avenue, Suite A, Rochester, NY 14607 Attn: Dental Network Card Program OR • Fax form to 585-241-9518 			
Credit Card Type: <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Discover			
Credit Card Number:			Expiration Date:
Name as it Appears on Credit Card:			Security Code:
I authorize Health Economics Group, Inc. to use the credit card information provided above as payment for the Dental Network Card.			
Signature:			Date:

You will receive your Dental Network Card(s) in the mail once your enrollment is processed. Please allow 10-14 business days for processing. Your card(s) will be effective on the date your enrollment is processed. Your card(s) will expire on the last day of the month following 12 full months of eligibility. **Re-enrollment is not automatic.** You must contact us to re-enroll.

For the names and addresses of DenteMax network dentists in a particular geographic area and/or to see the schedule of fees accepted by most general dentists in the network, go to www.heginc.com/dental or call Health Economics Group, Inc. at 585-241-9500 x505 or 800-666-6690 x505. We will be pleased to help you.

This is not insurance. Health Economics Group, Inc. does not guarantee that a particular dentist will accept DenteMax fees as payment in full. Confirm DenteMax network participation and fees **before** receiving treatment. Please note that specialists and some general dentist may charge higher fees than what is shown on the schedule. We rely on the judgment of DenteMax as to the professional competency of dentists in their network. Our role is to make the DenteMax network available to members of this program. Our liability is limited to the amount paid for the card(s).

I have read and understand the above information and I want to enroll in the Dental Network Card Program.

Signature: _____ Date: _____

2023 Ontario County Resource Guide

Appendix N: Ontrack Program Flyer

Ontrack Program Brochure Page 1



We're here to help young people nurture their strengths & pursue their goals for school, work, and relationships.



"At OnTrack, I met other people who have 'been there' too. It helped me feel less alone and begin to make sense of my experience."

- OnTrackNY Participant

Who We Serve

OnTrackNY serves young people across the state of New York regardless of insurance status or ability to pay who are:

- ✓ Between 16-30 years old
- ✓ Experiencing unusual thoughts or feeling suspicious of others
- ✓ Noticing changes in the way things look or sound
- ✓ Challenged by feelings of stress, fear, anger, or confusion



A program of the New York State Office of Mental Health

OnTrackNY Rochester
25 Circle Street / Suite 102
Rochester, New York 14607

For more information, contact one of our team members.

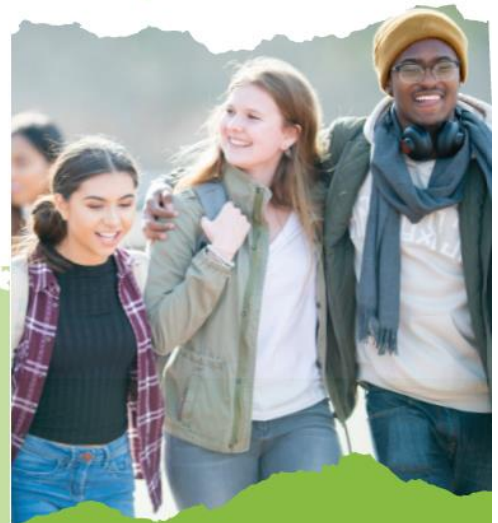
T: 585 360-4129



Office of Mental Health



My Health,
My Choices,
My Future.



Supporting young people with mental health challenges across New York State

ontrackny.org

2023 Ontario County Resource Guide

Appendix N, Continued

OnTrack Program Brochure Page 2

What is OnTrackNY?

OnTrackNY is a network of coordinated care teams across New York State that offers comprehensive, personalized support -- including therapy, help with school and work, peer support, connection to community resources, support for physical health, family services, and/or medication -- to teens and young adults who are impacted by unexpected changes in their thinking and perceptions.

Research has proven that rapid access to care is a key factor for recovery.

The Spirit of OnTrackNY

✓ Recovery-oriented

Our care plans are grounded in 3 dimensions of recovery: supporting self-determination, connecting with others, and creating purpose.

✓ Collaborative

We partner with participants and their family members to navigate and make decisions in all aspects of the treatment journey.

✓ Equitable & inclusive

We value each other's differences as strengths and aim to ensure all participants have what they need to thrive wherever they live, work, learn, or play.

✓ Person-centered

We place participants at the center of everything we do, encouraging them to tailor care plans to their unique goals and select the services that best meet their needs.



"When we met with the OnTrack team, it was the first time we felt hope. A few months later, I heard my son laugh again."

- Parent of OnTrackNY Participant

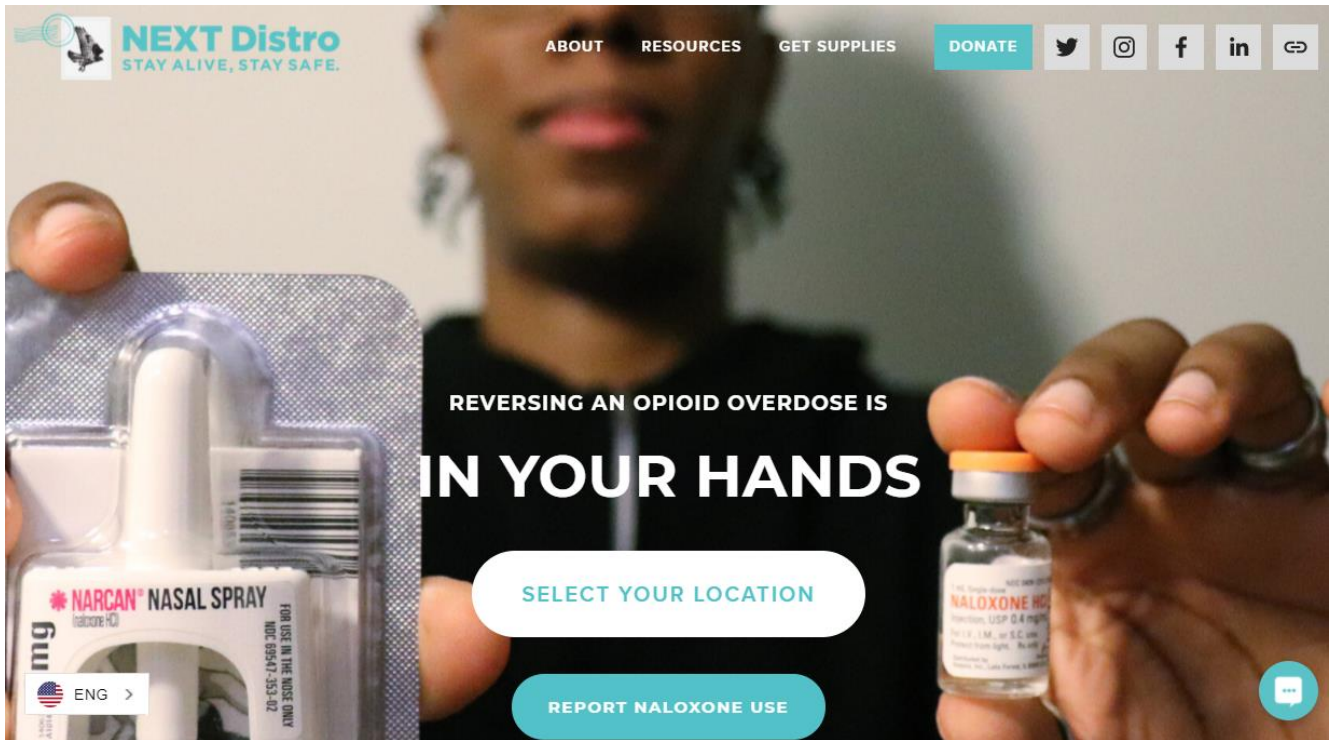


OnTrack  NY

2023 Ontario County Resource Guide

Appendix O: Free Opioid Prevention Online Training

Free Opioid Prevention Online Training/ Free Narcan Delivery
<https://nextdistro.org/naloxone>



2023 Ontario County Resource Guide

Appendix P: Strong Recovery Brochure

Strong Recovery Brochure

Strong Recovery is comprised of two outpatient clinics: Chemical Dependency (SRCD), and Methadone Maintenance (SRMM). Both programs work collaboratively as one comprehensive outpatient program to bring optimal care to our patients. These programs are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS), and accredited by the Joint Commission.

Admission Criteria: Adults (18 years old and up) with a drug/alcohol abuse or dependence diagnosis as defined by the DSM-IV and are assessed to be capable of achieving abstinence on an outpatient level and participate in the group therapy process.

Additional Criteria for Co-Occurring Disorder Services: Patients must have an Axis I mental health diagnosis.

Additional Criteria for Methadone Maintenance services: Verification of current physiological dependence on Opioids for a minimum period of 1-year.

Strong Recovery Mission Statement:
"In partnership with patients, families, and the community, we promote recovery from addiction and mental illness through an integrated healthcare system that values both cultural diversity and linkage with teaching and research."



CONTACT INFO:

PHONE: (585) 275-3161

FAX: (585) 273-1089

Strong Recovery



300 Crittenden Blvd.
Rochester, NY 14642

To schedule intake evaluations:
Call (585) 275-5400



2023 Ontario County Resource Guide

Appendix Q: Health Navigator Agency Locations



Navigator Agency Site Locations

In light of the situation surrounding the Coronavirus, please call ahead before arriving at any site location, as the location may have temporarily changed.

County: Ontario

Lead Agency Name Community Health Care Association of New York State (CHCANYS)
Subcontractor Name N/A
Enrollment Site Name Wood Library
Site Address 134 North Main Street
City Canandaigua NY 14424
Phone # (800) 346-2211
Languages English; Language Line Available

Lead Agency Name Community Health Care Association of New York State (CHCANYS)
Subcontractor Name N/A
Enrollment Site Name Ontario County Department of Social Services
Site Address 3010 County Complex Drive
City Canandaigua NY 14424
Phone # (800) 346-2211
Languages English; Language Line Available

Lead Agency Name Community Service Society of New York
Subcontractor Name Finger Lakes Community Health
Enrollment Site Name Ontario County Social Services Department
Site Address 3010 County Complex Drive
City Canandaigua NY 14424
Phone # (800) 346-2211
Languages English & Spanish

Lead Agency Name Community Health Care Association of New York State (CHCANYS)
Subcontractor Name N/A
Enrollment Site Name Clifton Springs Library
Site Address 4 Railroad Avenue
City Clifton Springs NY 14432
Phone # (800) 346-2211
Languages English

Lead Agency Name Community Health Care Association of New York State (CHCANYS)
Subcontractor Name N/A
Enrollment Site Name Geneva Free Library
Site Address 244 Main Street
City Geneva NY 14456
Phone # (800) 346-2211
Languages English; Language Line Available

2023 Ontario County Resource Guide

Appendix L, Continued



Navigator Agency Site Locations

In light of the situation surrounding the Coronavirus, please call ahead before arriving at any site location, as the location may have temporarily changed.

County: Ontario

Lead Agency Name	Community Service Society of New York
Subcontractor Name	Finger Lakes Community Health
Enrollment Site Name	Geneva Community Health (FLCH)
Site Address	601 West Washington Street
City	Geneva NY 14456
Phone #	(315) 781-8448
Languages	English & Spanish

Lead Agency Name	Community Service Society of New York
Subcontractor Name	Finger Lakes Community Health
Enrollment Site Name	Ontario County Social Services Geneva Office
Site Address	83 Seneca Street
City	Geneva NY 14456
Phone #	(800) 346-2211
Languages	English & Spanish

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Honeoye Public Library
Site Address	8708 Main Street
City	Honeoye NY 14471
Phone #	(800) 346-2211
Languages	English, Language Line available

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Open Cupboard
Site Address	Hardwood Lane
City	Naples NY 14513
Phone #	(800) 346-2211
Languages	English, Language Line available

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Victor Library
Site Address	15 West Main Street
City	Victor NY 14564
Phone #	(800) 346-2211
Languages	English; Language Line Available

2023 Ontario County Resource Guide

Appendix L, Continued



Navigator Agency Site Locations

In light of the situation surrounding the Coronavirus, please call ahead before arriving at any site location, as the location may have temporarily changed.

County: Ontario

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Geneva Department of Social Services
Site Address	83 Seneca Street
City	Geneva NY 14564
Phone #	(800) 346-2211
Languages	English

NYS Department of Health
Report Date: 2/1/2023

2023 Ontario County Resource Guide

Appendix R: Mental Health Service Providers


2023 Mental Health Service Providers, Ontario County

INPATIENT	OUTPATIENT		
<p>Clifton Springs Hospital Psychiatric Unit</p> <p>2 Coulter Rd. Clifton Springs, NY</p> <p>585-922-9900</p>	<p>Boike Marriage, Family and Individual Counseling</p> <p>3180 West St., Canandaigua 585-394-1442</p> <ul style="list-style-type: none"> • Marriage & Family Counseling • Individual Counseling (including children) 	<p>Clinical Associates of the Finger Lakes</p> <p>590 Fishers Station Dr, St 130, Victor 585-924-7207</p> <ul style="list-style-type: none"> • Counseling for children (birth - 5), parents and or families. • Access through Early Intervention (Ontario County) and school districts 	<p>Mental Health Support Services</p> <p>120 North Main St., Canandaigua 585-629-0386</p> <p>Services: Life Skills Workshops, Peer Support/Navigation, Youth Services & Counseling, Bereavement, Drop-In Services Support Groups</p>
<p>Elmira Psychiatric Center</p> <p>100 Washington St. Elmira, NY</p> <p>607-737-4711 Adult/Youth</p>	<p>Finger Lakes Area Counseling & Recovery Agency FLACRA</p> <p>1386 Hathaway Dr. Farmington 585-396-4190</p> <p>28 East Main St. Clifton Springs 315-462-9161</p> <p>246 Castle St. Geneva 315-781-0771</p>	<p>Clifton Springs Outpatient Mental Health</p> <p>2 Coulter Rd., Clifton Springs 585-922-9900</p> <p>Behavioral Health/CPEP Crisis 315-462-1080</p>	<p>Lakeview Health Services</p> <p>609 West Washington St, Geneva 315-789-0550</p> <p>193 Parrish Street, Canandaigua 585-394-7335</p> <p>Victor Counseling Practice 6539 Anthony Drive, Suite A Victor, NY 14564 585-398-8835</p>
<p>Strong Memorial Hospital</p> <p>601 Elmwood Ave. Rochester, NY</p> <p>585-275-3535 Adult/Youth</p> <p>(Updated 2/6/2023)</p>	<p>Children and Family Treatment and Support Services</p> <p>Email referrals to: cftss.intake@cayugacenters.org</p> <p>Who is Eligible?</p> <ul style="list-style-type: none"> • Child/Youth enrolled in NYS Medicaid or a Medicaid Managed Care Plan • Aged Birth to 21 	<p>Family Counseling Services of the Finger Lakes</p> <p>514 S Main St, Canandaigua 585-394-8220</p> <p>671 South Exchange St, Geneva 315-789-2613</p> <ul style="list-style-type: none"> • Bilingual/ School Based Services • Domestic Violence & LGBTQ • Trauma Care <p>Locations in Canandaigua, Newark, Seneca Falls, Penn Yan, and Sodus</p>	<p>Ontario County Mental Health</p> <p>3019 County Complex Dr., Canandaigua 585-396-4363</p> <ul style="list-style-type: none"> • Individual Counseling (incl. children) • Marriage & Family Counseling • Call for walk-in hours <p style="color: red; font-weight: bold;">Mental Health Emergency 9-1-1</p>

2023 Ontario County Resource Guide

Appendix S: Substance Abuse Services/Providers

Substance Abuse Treatment Providers, Ontario County

INPATIENT		OUTPATIENT
<p>Clifton Springs Hospital 2 Coulter Rd. Clifton Springs, NY 585-723-7233 CDinpatientintaketeam@rochesterregional.org</p>	<p>VETERAN SERVICES (VETERANS ONLY)</p> <p>Bath VA Medical Center 76 Veterans Avenue Bath, NY 14810-0810 Main phone: 607-664-4000 Mental health clinic: 607-664-4300</p> <p>Canandaigua VA Medical Center 400 Fort Hill Avenue Canandaigua, NY 14424-1159 Main phone: 585-394-2000 Mental health clinic: 585-393-7252</p>	<p>FLACRA Outpatient Services</p> <p>Clifton Springs Clinic 315-462-9161</p> <p>Farmington Clinic 585-396-4190</p>
<p>Crouse Chemical Dependency Treatment Service</p> <p>2775 Erie Blvd. East Syracuse, NY 315-470-8340</p>	<p>Strong Memorial Hospital Strong Recovery</p> <p>601 Elmwood Ave. Rochester, NY 585-275-3535</p> <ul style="list-style-type: none"> • Mentally Ill & Chemically Addicted • Adults 	<p>CASA - Trinity Outpatient Rehab Unit</p> <p>86 River Street Hornell, NY 607-282-5201</p>
<p>CASA-Trinity</p> <p>730 Seneca Rd. North Hornell, NY 607-282-5200</p>	<p>FLACRA Addictions Crisis Center</p> <p>28 E Main St, Clifton Springs, NY 315-462-9466</p>	<p>HOME-BASED MENTAL HEALTH ASSESSMENT</p> <p>Finger Lakes Comprehensive Psychiatric Emergency Program (CPEP)</p> <p>Clifton Springs Hospital and Clinic 315-462-0425 2 Coulter Road, Clifton Springs</p> <ul style="list-style-type: none"> • Inpatient Mental Health • Chemical Dependency Services
		
<p>(Updated 2/6/2023)</p>		